

**OVEP Practical Guide for Teachers “Activity Sheet 02: Olympic Symbol”**

\*The Activity Sheet is available from the Tokyo 2020 official website: <https://education.tokyo2020.org/jp/teach/texts/ovep/#activity-sheet>

<b>Subjects:</b>	Lower Elementary School Students
<b>Olympic Educational Themes:</b>	Respect, excellence.
<b>Learning outcomes:</b>	Learning about the Olympic symbol and understanding its significance.
<b>Equipment:</b>	Activity sheet Page.9, Colored pencils (Crayons)
<b>School Classes:</b>	Integrated Studies, Ethics, General Class activity, Art etc.

Time	Activities	Key Suggestions	References
Introduction 5 min.	1) Explain the class outline. <b>Question:</b> Have you ever seen the Olympic rings before? Where?	Introduce the Olympic symbol and help students understand its educational themes.	
Main 15 min.  10 min.  10 min.	2) Learn about the Olympic symbol. <b>Activity:</b> The symbol consists of five rings. Let's color these rings. What are the colors of the rings? <b>Explanation:</b> Learn about the Olympic rings and its flag (the colors and design of the rings, and the meaning of the colors and its history).  3) Think about the Olympic symbol. <b>Question:</b> How do you explain the Olympic symbol to someone who has never seen it before? Practice with your neighbors.	Have students consider the colors of the Olympic symbol. Color the symbol after students have thought about its design. After most students have completed the task, show the class the Olympic symbol. Explain “The Olympic rings and Olympic flag”, page 32 of the reference. Compare the colors of the Olympic rings with students' rings and facilitate discussion about the reason for the different colors. Provide suggestions: How do these rings connect, what color are they, how the rings arranged.	“The Olympic symbol” Activity sheet, page 9.  “The Fundamentals of Olympic Values Education”, page 32.
Summary 5 min.	Review the background and meaning of the Olympic symbol.	Encourage the students to live by the Olympic values they learnt in the class.	

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<b>Olympic Educational Themes:</b>	Respect, excellence.
<b>Learning outcomes:</b>	Learning about the Olympic symbol and understanding its significance.
<b>Equipment:</b>	Activity sheet Page.9, Colored pencil (Crayons)
<b>School Classes:</b>	Integrated Studies, Ethics, General class activity, Art etc.

Time	Activities	Key Suggestions	References
Introduction 5 min.	1) Explain the class outline. <b>Question:</b> Have you ever seen the Olympic rings before? Where?	Introduce the Olympic symbol and help students understand its educational themes. (Respect and excellence).	
Main 15 min.  10 min.  10 min.	2) Learn about the Olympic Rings. <b>Activity:</b> It consists of five rings. Let's draw these rings. What are the colors of the rings? <b>Explanation:</b> Learn about the Olympic rings and its flag (the color and design of the rings, and the meaning of the color and its history).  3) Think about the Olympic symbol. <b>Question:</b> How do you explain the Olympic symbol to someone who has never seen it before? Practice with your neighbors.	Have the students to consider the colors of the symbol. Color them in after giving students time to think about the symbol's design. After most students have completed the task, show them the Olympic symbol. Explain “The Olympic rings and Olympic flag”, page 32. Compare the actual symbol colors with students' rings and ask them to think about the reason for the colors. Provide suggestions: How do these rings connect, what colors are represented, how are the rings arranged?	“The Olympic Symbol” Activity sheets, page 9.  “The Fundamentals of Olympic Values Education”, page 32. “The Fundamentals of Olympic Values Education”, page 17, 18.
Summary 5 min.	Review the backgrounds and meanings of the Olympic symbol.	Relate the class activity with daily life.	

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<b>Olympic Educational Themes:</b>	Respect, excellence.
<b>Learning outcomes:</b>	Learning about the Olympic symbol and understanding its significance.
<b>Equipment:</b>	PCs or tablets connected to the internet. Work sheets.
<b>School Classes:</b>	Integrated Studies, Ethics etc.

<b>Time</b>	<b>Activities</b>	<b>Key Suggestions</b>	<b>References</b>
Introduction 5 min.	1) Explain the class outline. <b>Question:</b> Have you ever seen the Olympic rings? What shape? What color? Do you know the meaning of the rings?	Help students to understand the educational themes (Respect and excellence). Discuss what the students know about the Olympic symbol.	
Main 10 min.  20 min.  10 min.	2) Learn about the meaning of the Olympic rings. (Understand the shape, design, and colors of the rings, and their history)  3) Look at other symbols used for international organizations. Consider the background of the symbols. Form groups and discuss the results in class.  4) Learn about Olympism. See if the Olympic symbol tells the messages of Olympism. What else do they need to know to promote Olympism?  Share the thoughts of each group in the class.	Tell the students the meaning of the Olympic rings and give examples.  Fill in the worksheets with information the students found on the Internet about topics such as the Paralympics, UN, Red Cross, MSF, etc.  Introduce the philosophy of Olympism and use examples. Discuss if the students think the Olympic symbol promotes the Olympic spirit. Discuss also what else do we need to do to promote Olympism. Make time for a presentation by each group.	“The Fundamentals of Olympic Values Education”, page 32; 34.  Worksheets  “The Fundamentals of Olympic Values Education”, page18.
Summary 5 min.	Review the meaning of the Olympic rings and the philosophy of Olympism.	Review the concept of Olympism and encourage students to practice the values of the Olympic symbol in their daily life.	

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<b>Learning outcomes:</b>	Learning about the Olympic symbol and understanding its significance.
<b>Equipment:</b>	PCs or tablets connected to the internet. Work sheets.
<b>School Classes:</b>	Integrated Studies, Ethics etc.

Time	Activities	Key Suggestions	References
Introduction 5 min.	1) Explain the class outline. <b>Question:</b> Have you ever seen the Olympic rings? What shape are they? What color?	Help students to understand the educational themes (Excellence, balance, and joy of effort) through learning the Olympic motto. Allow students to share their thoughts with their neighbors. Compare their thoughts and the Olympic motto by referring to the text book.	
Main 10 min.  20 min.  10 min.	2) Learn about the meaning of the Olympic symbol. (Understand the shape, design, colors of the rings, and its history)  3) Learn about Olympism and consider how society changed as a result of the Olympics. What are the changes in society since the first use of the symbol and now?  4) See if the concepts of the Olympic symbol can be applied in modern society. Suppose the Olympics continues for another 100 years, do you think we can still use the symbol in the future? Consider if it is better to create a new one.	Tell the students the meaning of the Olympic rings and provide examples/references.  Explain the philosophy of Olympism using examples. Look at the major events in 1914 on the Internet. Prompt students to think about the differences in society or daily life in 1914 and the present.  Prompt students to think about elements of the symbol with considering differences between present and past. Give some hints such as things that do not change over time and things that change with time.	“The Fundamentals of Olympic Values Education”, page 32, 34.  “The Fundamentals of Olympic Values Education”, pages 18, 25. Worksheets. History text books and references.
Summary 5 min.	Review the background and meaning of the Olympic symbol.	Consider what we need to do to make the Olympic sustainable. Suggest how the contents of the class can be practised in daily life.	