15 Headphones & Hearing Loss

Emily is reading a web news article.
エミリーはウェブニュースを読んでいます。

WEB NEWS

New Rule about Headphone Use

Shocking news for young headphone users. Half of them may have hearing problems in the future.

Many people have been having problems with their hearing since headphones became popular. People listen to things on their smartphones every day. They use headphones for many hours when they listen to music and play games.

If you lose your hearing, it will never come back. So you should be careful. Just follow the 60/60 rule. Listen at 60% volume up to 60 minutes a day. This will help you protect your ears.
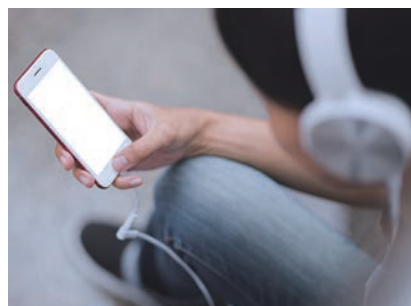
Check

Which problem is the article about?

a)

Smartphone overuse

b)

Watching a screen too long

c)

Dangerous volumes with headphones

Talk

How often do you use headphones?
What do you think about the 60/60 rule?

Write

Make a rule to solve the following problem:

Problem : *playing video games too long*