

Many people don't think they can help the environment more. But you can be eco-friendly in your daily life.

For example, you can be eco-friendly when you brush your teeth. If you didn't stop the water, you would use 13,140 liters of water in a year. However, if you use a cup instead, you will only use 438 liters in a year.

We can do many things for the environment in our daily lives. These are some examples;

### EXAMPLES

- We can turn the lights off when we leave a room.
- We can turn the TV off when no one is watching it.
- We can keep the room at 28°C in summer and at 20°C in winter.
- We shouldn't keep the refrigerator door open.

Do you still think you can't do anything for the environment? Why don't you start doing something small?



### Check

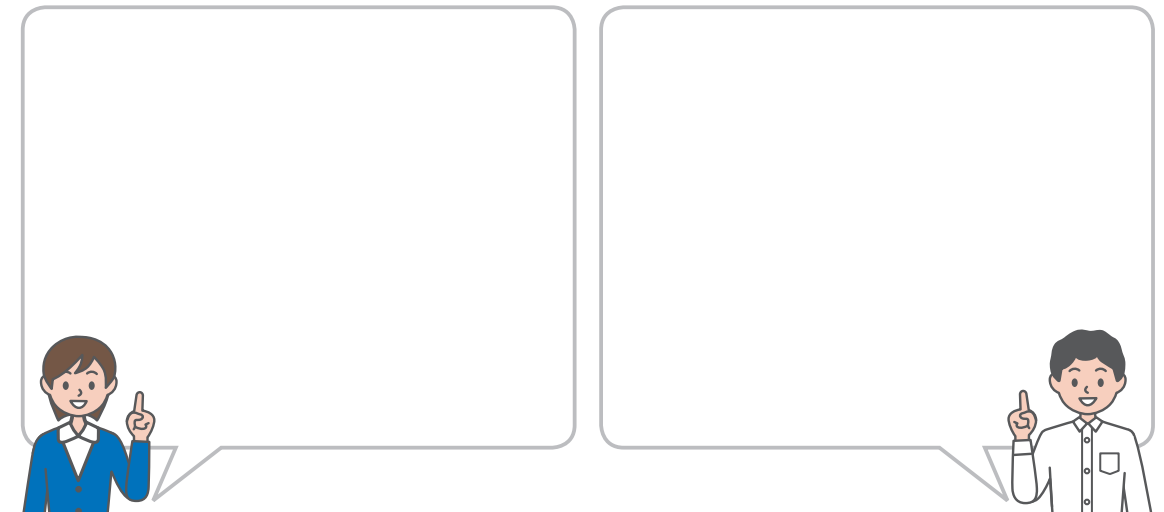
How much water can you save by using a cup when you brush your teeth?

- a) 13,140 liters
- b) 12,702 liters
- c) 438 liters

### Talk

Look at the EXAMPLES. What can you start doing?

Talk to each other about your ideas.



### Write

If people didn't try to be eco-friendly, what would happen?

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