Chapter 1 General Provisions

I. FOUNDATION OF LOWER SECONDARY SCHOOL EDUCATION AND THE ROLE OF THE CURRICULUM

1 Each school should formulate a proper curriculum in compliance with the Basic Act on Education, the School Education Act, the provisions of other laws and regulations concerned, and those indicated in this chapter hereinafter, in order to accomplish the well-balanced development of individual students as human beings, with full consideration toward students’ stages of mental and physical development and their individual characteristics, and toward the circumstances of the school and its local community, thereby conducting education to achieve the goals listed in the above documents.

2 In providing educational activities, each school should create specifically tailored educational activities by making use of originality and ingenuity through class improvements for realization of proactive, interactive, and authentic learning as shown in III. 1, and aim to realize the matters listed in the following (1) to (3), in order to foster Competencies for Living in students.

(1) Each school should be committed to enhancing education to enable students to solidly acquire basic and fundamental knowledge and skills, to foster students’ ability to think, make judgements, and express themselves that are necessary to solve problems using acquired knowledge and skills, to cultivate an attitude of proactive learning to develop students’ individuality, and to encourage working together with diverse people. In working towards these goals, each school should enhance its students’ activities that create the foundation of learning, such as language activities and other activities, giving consideration to the developmental stages of the students, in cooperation with students’ families at the same time, with consideration given to help students establish good study habits.

(2) Each school should be committed to enhancing the quality of education aimed at cultivating rich humanity and creativity through moral education and experiential learning activities, diverse expression, and appreciation activities, etc. Moral education should be implemented throughout all educational activities with morality, a special subject (hereinafter referred to as the “Morality Period”), being the primary period in which it is administered. Therefore, each school should give proper instruction not just during the Morality Period, but during the
classes for all subjects, the Period for Integrated Studies, and Special Activities, in accordance with their respective characteristics, while giving consideration to the developmental stages of the students.

The objectives of moral education are based on the basic spirit of education stated in the Basic Act on Education and the School Education Act. They are to foster morality which is the foundation for students to think about life as a human being, act based on independent judgments, and live a better life with other people as an independent person.

In providing moral education, each school should take particular care to ensure that it contributes to the development of Japanese citizens who would apply a spirit of respect for human dignity and reverence for life in specific activities at home, school and in other social situations, have rich humanity, respect traditions and culture, love one’s country and hometown which have fostered such traditions and culture, contribute to culture with a distinctive character and, as people working to form a peaceful and democratic state and society, honor the public spirit, make an effort to develop society and the state, respect other countries, contribute to world peace and the development of the international community and the preservation of the environment, and have interest in exploring new possibilities for the future.

(3) Each school should be committed to enhancing education aimed at realization of healthy and safe daily lives as well as active physical lives, by giving proper instruction regarding physical training and health promotion through all of the school’s educational activities, while giving consideration to the developmental stages of the students. In particular, with respect to instruction on promoting dietary education and developing physical strength, safety-related instruction, and instruction on maintaining and promoting both mental and physical health, such instruction should take place not only in the Health and Physical Education period, the Period of Technology and Home Economics, and Special Activities, but also in all subjects, the Morality Period, and the Period for Integrated Studies, etc., in accordance with the characteristics of each period. At the same time, each school should give consideration so that students will develop the foundation necessary to live safely, healthily and actively throughout their entire lives, by way of encouraging proper physical training and health promotion in students’ daily lives in cooperation with their families and the local community.
When aiming to foster Competencies for Living in those students who are expected to realize the matters in 2 from (1) to (3), be equipped with rich creativity, and be the builders of a sustainable society, each school should clarify what kinds of competencies they are aiming to develop through instruction in school education overall and in all subjects, the Morality Period, the Period for Integrated Studies and Special Activities (hereinafter these are referred to as “all subjects, etc.”; in II. 3 (2) a. and c. special activities are limited to classroom activities, excluding school lunch programs) in order to enhance their educational activities. In working towards these goals, each school should ensure that each of the following is realized without bias, by taking into account the developmental stages and characteristics, etc. of the students.

1. Ensure that knowledge and skills are acquired.
2. Develop the students’ abilities to think, make judgements and express themselves.
3. Cultivate the motivation to learn and humanity.

Each school should be committed to improving the quality of its educational activities organizationally and systematically based on the curriculum, by properly ascertaining the circumstances of the students, school, and local community, assembling the contents of education necessary for realizing the objectives and goals of education from a perspective that transcends subjects, assessing the status of implementation of the curriculum to work on its improvement, and ensuring personnel and facilities necessary for implementation of the curriculum and working on its improvement (hereinafter referred to as “curriculum management”).

II. FORMATION OF THE CURRICULUM

1 Formation of the educational goals and curriculum of each school

When forming the curriculum, each school should clarify the educational goals of the school taking into account the competencies it is aiming for through instruction in school education overall and all subjects, and should be committed to ensuring that the basic policies regarding the formation of the curriculum are shared in the families and the local community. In working towards these goals, each school should aim for cooperation with the objectives stipulated based on Chapter 4 The Period for Integrated Studies II. 1.

2 Development of competencies from an interdisciplinary perspective
(1) Each school should consider the developmental stages of the students and utilize
the characteristics of all subjects, to form the curriculum from an interdisciplinary
perspective, to ensure that the students develop the competencies that are the
foundation of the learning of language ability, information literacy (including
information ethics), problem discovery, and solution ability, etc.

(2) Each school should consider the circumstances of the students, school, and local
community and the developmental stages of the students and utilize the features
of each school to form a curriculum which ensures that the competencies required
to respond to modern issues for the realization of rich lives and the formation of a
next-generation society that can overcome disasters, etc. can be developed from
an interdisciplinary perspective.

3 Common points in the formation of the curriculum

(1) Treatment of the contents

a. Each school is obliged to deal with the items listed in Chapter 2 onwards
   concerning all subjects, the Morality Period and special activities, except in
   special cases otherwise indicated.

b. When it is particularly necessary, each school may include additional contents
   not specified in Chapter 2 onwards. Furthermore, the matters specifying the
   scope and extent of the contents in the handling of the contents specified in
   Chapter 2 onwards specify the scope and extent of the contents for instructing
   all of the students, and in the cases where it is particularly necessary in the
   school, additional instruction can be given regardless of these items. However,
in this case, care must be taken not to deviate from the objectives and contents
   of all subjects, the Morality Period, and special activities described in Chapter
   2 onwards, nor impose an excessive workload on students.

c. The order of the items listed in contents regarding all subjects, the Morality
   Period, and Special Activities, which appears from Chapter 2 onwards, does
   not reflect the order of instruction to be given unless otherwise specified, and
   each school should make proper adjustments to the treatment of these items.

d. Each school does not necessarily need to follow the grade-wise order of the
   objectives and contents for all subjects in such special cases as in classes
   composed of students from two or more grades, provided that the objectives of
   all subjects can be achieved.

e. Each school may give consideration to the circumstances of the students,
school, and local community to establish all subjects specified in Chapter 2 and any subjects that are necessary in particular as elective subjects and get the students to take them, so that they can carry out diverse learning activities tailored to the characteristics of the students. In that case, they must aim to link the contents that should be instructed to all of the students while properly stipulating the teaching hours and contents of the elective subject to design the syllabus of the elective subject, and not impose an excessive workload on the students. Furthermore, each school should properly stipulate the names, objectives, and contents of the subjects that have been deemed necessary.

f. The contents of the moral education implemented throughout all educational activities with the Morality Period being the primary period in which it is administered shall be the contents specified in Chapter 3 Special Subject Morality II., and implementation of those contents shall take into account the cautions related to moral education specified in VI.

(2) Scheduling teaching hours

a. The annual teaching program should be made to cover 35 or more school weeks for all subjects. The total teaching hours per week should not impose an excessive workload on students. Note that classes can be held at special times, if it is effective for subjects etc. or learning activities, including cases when classes are held during the summer, winter, or end-of-school year holidays.

b. For the activities of the students’ association and school events among special activities, the proper number of teaching hours should be allocated by month, school term, or year, according to the contents of the activities.

c. The class schedules of each school should be formed properly taking into account the following items:

(a) Each school should properly determine the length of single school units for the respective subjects etc., giving consideration to the developmental stages of the students and the characteristics of subjects etc. and learning activities, while ensuring annual teaching hours for subjects are met.

(b) In the case that a school gives instruction in special subjects, utilizing the short time of about 10 minutes to 15 minutes in accordance with the characteristics of subjects, if a system has been put in place for the teachers in charge of said subjects to responsibly decide the instruction contents and ascertain and utilize the outcomes of the instruction in the context of
anticipating the integration of the contents such as the units and subject matter, and the hours, then those hours may be included in the annual teaching hours of said subjects.

(c) The daily hours for the school lunch, recesses, etc. should be properly determined at each school.

(d) Each school may develop their own class schedules that provide flexible structures in accordance with the circumstances of the students, school, and local community and in accordance with the characteristics of subjects, and learning activities.

d. Learning activities in the Period for Integrated Studies can replace the events stipulated as school events in special activities when the same outcome can be achieved.

(3) Cautions when engaging in syllabus design

Each school should utilize the ingenuity of the school to create concrete lesson plans that are balanced as a whole, taking the following points into account:

a. Regarding the instruction contents of each subject, each school should take into account (1) a. while anticipating the integration of contents such as units and subject matter, and the hours, ensuring that the contents are appropriately integrated and priority is appropriately given to instructional contents, so that effective instruction can be provided to develop competencies through class improvements for the realization of proactive, interactive and authentic learning specified in III. 1.

b. Systematic and progressive instruction should be provided in a way that subjects and each grade relate to each other respectively.

4 Connections between school stages

When engaging in formation of the curriculum, each school should aim for connections between the school stages while giving consideration to the following items:

(1) Each school should take into account the Elementary School National Curriculum Standard to ensure that the outcomes of learning up to elementary school education are smoothly connected to lower secondary school education, and that the competencies aimed to be developed by the end of the compulsory education stage may be reliably acquired by the students. In particular, in compulsory education schools, lower secondary schools affiliated with elementary schools
and lower secondary schools sharing facilities with elementary schools, a systematic and ongoing curriculum should be formed for the entire nine years of compulsory education.

(2) Each school should take into account the Upper Secondary School National Curriculum Standard to ensure there are smooth connections between upper secondary school education and subsequent education. In particular, in secondary education schools, affiliated lower secondary schools and lower secondary schools sharing facilities, a systematic and ongoing curriculum should be formed for entire six years of secondary education.

III. IMPLEMENTATION OF THE CURRICULUM AND LEARNING ASSESSMENT

1 Class improvements toward the realization of proactive, interactive and authentic learning

Consideration should be given to the following items when giving instruction in all subjects:

(1) Each school should implement class improvements for realization of the proactive, interactive, and authentic learning of the students while anticipating the integration of contents such as units and subject matter, and the hours, so that the matters specified in I. 3 from (1) to (3) are realized without bias.

In particular, each school should pay attention to the fact that the perspectives and ways of thinking pertinent to each subject (discipline-based epistemological approaches, hereinafter referred to as “Approaches”) can be forged in students with their experiences to apply the knowledge and skills they have acquired through subject learning and other educational activities, to exert their abilities to think, make judgement and express themselves, and to demonstrate their motivation to learn, and humanity so that they will grasp and consider targeted subject matter appropriately and deeply and should also promote learning with a focus on the process where students can deepen their understanding by integrating sporadically acquired fragments of knowledge, weave closely examined information into thoughts, work out the solutions to the problems they have detected, and come up with new creations based on their desires and ideas, while utilizing Approaches they have acquired through learning, pertinent to each subject.

(2) In order to develop the language ability specified in II. 2 (1), each school should
put in place the necessary language environment and enhance the language activities of the students in accordance with the characteristics of the subjects, primarily Japanese language. In conjunction with this, they should enhance the reading activities as specified in (7).

(3) In order to develop the information literacy specified in II. 2 (1), each school should put in place the necessary environment for utilizing information devices, such as computers and information and communications networks, etc. and enhance learning activities that properly utilize these devices. Furthermore, each school should also use other teaching materials and aids properly, such as statistical materials and newspapers, audiovisual teaching materials, and other teaching and learning devices.

(4) Effort should be made to include well-planned activities in which students can plan their learning and reflect upon what they have learned.

(5) Each school should place importance on experiential learning activities tailored to the characteristics of the subjects, cooperate with families and the local community and ensure that the activities can be implemented systematically and continuously so that the students can understand, while strongly sensing the finite nature of life, the value of nature, and the importance of proactively taking on challenges and working together with diverse people.

(6) Each school should make an effort to come up with ways to promote autonomous and self-motivated learning, while stimulating students’ interest, such as establishing opportunities for the students themselves to choose learning issues and learning activities.

(7) Each school should systematically use the school library and utilize its functions, aiming at class improvements for realization of proactive, interactive and authentic learning of students, and enhance the autonomous, self-motivated learning activities and reading activities of the students. Furthermore, they should actively utilize facilities in the local community such as libraries, museums, art galleries, theaters, music halls, etc. and enhance learning activities such as the gathering and appreciation of information utilizing information resources.

2 Enhancement of learning assessment

Consideration should be given to the following items when implementing learning assessment:

(1) Each school should positively evaluate the strengths and progress of the students,
so that they can strongly sense the significance and value of what they have learned. Furthermore, from the perspective of ascertaining the status of learning toward realization of the objectives of the subjects, each school should come up with evaluation situations and methods while anticipating the integration of the contents such as the units and subject matter, and the hours to evaluate the processes and outcomes of the learning, aim for the improvement of the instruction and increased learning motivation, and ensure that these are utilized in the development of the competencies.

(2) Each school should promote organized and systematic initiatives and come up with ways to ensure the outcomes of the learning of the students are smoothly connected across grades and school stages, so that the validity and trustworthiness of learning evaluation is raised within the process of introducing innovations.

IV. SUPPORT FOR THE DEVELOPMENT OF STUDENTS

1 Enhancement of instruction to support the development of students

Consideration should be given to the following items when engaged in formation and implementation of the curriculum.

(1) In order to develop a trusting relationship between teachers and students and better interpersonal relationships among the students as the foundation of learning and life, each school should enhance daily class management. Furthermore, they should support the development of the students through both guidance that offers the instruction and help necessary mainly in group settings, and counselling that takes into account the diverse circumstances of individual students to offer instruction individually tailored to the issues that each individual faces.

(2) Each school should deepen understanding of students, link it to learning instruction and enhance student guidance so that the students may strongly sense their own presence, form better interpersonal relationships, and achieve current and future self-realization while leading a valuable and enhanced school life.

(3) Each school should enhance career education in accordance with the characteristics of the subjects, with the primary focus on special activities, so that the students may anticipate the ties between what they learn and their own future and acquire the competencies that are the necessary foundation for social and occupational independence. As a part of this, each school should offer organized and systematic career guidance throughout all of the educational activities of the
school, so that the students can think in their own way about life and proactively choose their career path.

(4) Each school should improve individually targeted teaching so that students can solidly acquire what they have studied including the acquisition of basic and fundamental knowledge and skills in accordance with the circumstances of the students and school, through improving and devising teaching methods and teaching systems; for example individual or group-specific learning, repetitive learning, differentiated learning according to the level of proficiency achievement, task-based learning activities according to the students’ interest, instruction incorporating learning activities such as supplementary or advanced learning, and ensuring team-taught lessons where teachers work cooperatively. In working towards these goals, each school should utilize the information devices and teaching materials and aids specified in III. 1 (3).

2 Instruction to students who require special considerations

(1) Instruction to students with disabilities or special needs

a. For students with disabilities or special needs, each school should devise instructional contents and methods that are appropriate for the conditions of the disabilities of individual students in a planned and organized manner while utilizing advice and support from special needs schools or other sources.

b. The special curriculum implemented in special needs classes should be formed as follows.

(a) Each school should incorporate the independence activities specified in the National Curriculum Standard for the Elementary and Secondary Departments of Special Needs Schools, Chapter 7 in order to overcome learning or life difficulties caused by the disability and achieve independence.

(b) After giving consideration to the degree of the disability of the student and the circumstances of the class, each school should form a curriculum tailored to the circumstances by replacing the objectives and contents of the subjects with the objectives and contents of subjects in lower grades, replacing the subjects with the subjects of special needs schools that offer education to students who are persons with an intellectual disability.

c. In the case of offering a partial inclusion program where special needs students leave the mainstream classroom to receive special support services located on
site and forming a special curriculum for students with disabilities or special needs, each school should refer to the contents of the independence activities specified in the National Curriculum Standard for the Elementary and Secondary Departments of Special Needs Schools, Chapter 7, stipulate concrete objectives and contents, and offer instruction. In working towards these goals, each school should be committed to cooperation among the teachers including linkage of all subjects, with the partial inclusion program where special needs students leave the mainstream classroom to receive special support services located on site, so that effective instruction can be offered.

d. Regarding students with disabilities or special needs, each school should collaborate with families, the local community, and institutions dealing with medical care, welfare assistance, healthcare promotion, work training, etc., and in order to provide educational support to the students from a long-term perspective, they should be committed to designing and utilizing individual education support plans, and when giving instruction in all subjects, should ascertain the circumstances of individual students accurately and be committed to designing and utilizing an individual syllabus. In particular, for students enrolled in special needs classes and students receiving a partial inclusion program where special needs students leave the mainstream classroom to receive special support services located on site, each school should ascertain the circumstances of individual students accurately, design and utilize effectively, individual education support plans and individual syllabuses.

(2) Adaptation to school life by students who have returned to Japan from overseas, and Japanese language instruction for students who have difficulty acquiring Japanese language.

a. Each school should help students who have returned to Japan from overseas to adapt to school life and provide proper instruction such as utilizing their life experience in foreign countries.

b. For students who have difficulty acquiring Japanese language each school should devise instructional contents and methods tailored to the circumstances of individual students in an organized and systematic way. In particular, for Japanese language instruction in a partial inclusion program each school should be committed to cooperation among the teachers and to effective instruction by designing plans for instruction individually.
(3) Considerations for non-attendance students
   a. For non-attendance students, at school should cooperate with guardians and related institutions, obtain the advice or support of experts in psychology and welfare assistance, and from the perspective of aiming for social independence should provide information tailored to the circumstances of individual students and offer other necessary support.
   b. In the case of forming a special curriculum recognized by the Minister of Education, Culture, Sports, Science and Technology for students who have been absent from lower secondary school for a significant period and are recognized to be continuing to be absent, each school should form a curriculum giving consideration to the circumstances of the students, and be committed to improving and devising teaching methods and teaching systems such as individual or group-specific learning.

(4) Considerations for persons who have passed school age
   a. In the case of forming a special curriculum in courses offering classes in the evening or other special times for persons who have passed school age, each school should take into account the age, experience or work status, and other circumstances of persons who have passed school age and ensure that the students can acquire the competencies aimed to develop through lower secondary school education in light of the objectives and goals of lower secondary school education and the objectives of all subjects specified in Chapter 2 onwards.
   b. In the case of educating persons who have passed school age, each school should be committed to improving and devising teaching methods and teaching systems such as individual or group-specific learning.

V. CAUTIONS REGARDING SCHOOL OPERATION
   1 Improvement of the curriculum, school assessment, and cooperation with extracurricular activities
   a. Each school should be committed to ensuring that under the policy of the school principal the school staff divide their roles properly based on the division of school duties, cooperate with each other, and carry out curriculum management utilizing the features of each school. Furthermore, each school should take care to implement the school assessment carried out by each school
taking into account the fact that formation, implementation and improvement of the curriculum will be the core of the educational activities and school operation while linking it to curriculum management.

b. When forming and implementing the curriculum, each school should link it to the overall plan of the school in each area, including the school public health plan, the school safety plan, the overall plan for guidance concerning diet and nutrition, the school basic policies to prevent bullying, etc., while taking care to ensure that effective instruction is provided.

c. Each school should take care to ensure that extracurricular school activities are linked to the curriculum. In particular, schools should take care to ensure that club activities, which are carried out on the basis of students’ positive and voluntary participation, are linked to the curriculum as part of the school education with the recognition that they are highly likely to familiarize students with sports, culture, or science, increase their motivation to learn and cultivate a sense of responsibility and solidarity, all of which are conducive to the development of students’ competencies which each school is expected to attain. In working towards these goals, each school should come up with operational methods for cooperation with people in the local community, cooperation with a range of organizations including social educational facilities and social education-related organizations, in accordance with the circumstances of the school and the local community, to ensure that a sustainable operational system is put in place.

2 Cooperation with families and the local community and cooperation among schools

Consideration should be given to the following items when engaged in formation and implementation of the curriculum.

a. In order for each school to achieve its objectives, it should deepen cooperation and joint initiatives with families and the local community; for example obtaining the cooperation of families and people in the local community to arrange the personnel and facilities necessary for the implementation of educational activities in accordance with the circumstances of the school and the local community. Furthermore, they should establish opportunities for exchanges across generations in the local community, such as with the elderly and between children of different ages.
b. Each school should carry out cooperation and exchanges with other lower secondary schools, kindergartens, centers for early childhood education and care, nursery schools, elementary schools, upper secondary schools, and special needs schools, etc., provide students with opportunities for exchange and joint learning with disabled preschoolers, pupils or students, and foster an attitude of living cooperatively while respecting one another.