

()

(2/8)

		μ Sv/h
3 18	0:00	12
	0:30	12
	1:00	12
	1:30	12
	2:00	12
	2:30	12
	3:00	12
	3:30	12
	4:00	12
	4:30	12
	5:00	12
	5:30	12
	6:00	12
	6:30	12
	7:00	12
	7:30	12
	8:00	12
	8:30	12
	9:00	12
	9:30	12
	10:00	12
	10:30	11
	11:00	11
	11:30	11
	12:00	11
	12:30	11
	13:00	11
	13:30	11
	14:00	11
	14:30	11
	15:00	11
	15:30	11
	16:00	11
	16:30	11
	17:00	11
	17:30	11
	18:00	11
	18:30	11
	19:00	11
	19:30	11
	20:00	11
	20:30	11
	21:00	11
	21:30	11
	22:00	11
	22:30	11
	23:00	11
	23:30	11

		μ Sv/h
3 19	0:00	11
	0:30	11
	1:00	11
	1:30	11
	2:00	11
	2:30	10
	3:00	10
	3:30	10
	4:00	10
	4:30	10
	5:00	10
	5:30	10
	6:00	10
	6:30	10
	7:00	10
	7:30	10
	8:00	10
	8:30	10
	9:00	9.9
	9:30	10
	10:00	9.9
	10:30	9.9
	11:00	9.9
	11:30	9.9
	12:00	9.9
	12:30	9.8
	13:00	9.7
	13:30	9.7
	14:00	9.6
	14:30	9.7
	15:00	9.6
	15:30	9.6
	16:00	9.5
	16:30	9.5
	17:00	9.5
	17:30	9.5
	18:00	9.5
	18:30	9.5
	19:00	9.4
	19:30	9.4
	20:00	9.5
	20:30	9.4
	21:00	9.4
	21:30	9.3
	22:00	9.3
	22:30	9.2
	23:00	9.2
	23:30	9.2

		μ Sv/h
3 20	0:00	9.2
	0:30	9.2
	1:00	9.1
	1:30	9.1
	2:00	9.1
	2:30	9.0
	3:00	9.0
	3:30	9.0
	4:00	9.0
	4:30	9.0
	5:00	9.0
	5:30	9.0
	6:00	8.9
	6:30	8.9
	7:00	8.8
	7:30	8.8
	8:00	8.8
	8:30	8.8
	9:00	8.7
	9:30	8.6
	10:00	8.6
	10:30	8.6
	11:00	8.6
	11:30	8.5
	12:00	8.6
	12:30	8.5
	13:00	8.6
	13:30	8.5
	14:00	8.5
	14:30	8.6
	15:00	8.6
	15:30	8.6
	16:00	8.4
	16:30	8.4
	17:00	8.3
	17:30	8.4
	18:00	8.3
	18:30	8.4
	19:00	8.3
	19:30	8.3
	20:00	8.3
	20:30	8.3
	21:00	8.2
	21:30	8.2
	22:00	8.3
	22:30	8.1
	23:00	8.2
	23:30	8.1

*
*1 μ Gy/h()=1 μ Sv/h()
* 0.037 ~ 0.046 μ Sv/h ()

()

(3/8)

		μ Sv/h
3 21	0:00	8.1
	0:30	8.1
	1:00	8.0
	1:30	8.1
	2:00	8.1
	2:30	8.0
	3:00	8.0
	3:30	8.0
	4:00	7.9
	4:30	7.9
	5:00	7.9
	5:30	7.8
	6:00	7.8
	6:30	7.7
	7:00	7.8
	7:30	7.6
	8:00	7.7
	8:30	7.7
	9:00	7.7
	9:30	7.7
	10:00	7.6
	10:30	7.6
	11:00	7.5
	11:30	7.5
	12:00	7.5
	12:30	7.5
	13:00	7.4
	13:30	7.5
	14:00	7.3
	14:30	7.4
	15:00	7.4
	15:30	7.3
	16:00	7.3
	16:30	7.3
	17:00	7.3
	17:30	7.3
	18:00	7.3
	18:30	7.3
	19:00	7.3
	19:30	7.3
	20:00	7.2
	20:30	7.2
	21:00	7.2
	21:30	7.2
	22:00	7.2
	22:30	7.2
	23:00	7.2
	23:30	7.1

		μ Sv/h
3 22	0:00	7.1
	0:30	7.1
	1:00	7.0
	1:30	7.0
	2:00	7.0
	2:30	7.0
	3:00	7.0
	3:30	7.0
	4:00	6.9
	4:30	7.0
	5:00	7.0
	5:30	6.8
	6:00	6.9
	6:30	6.9
	7:00	6.8
	7:30	6.8
	8:00	6.8
	8:30	6.8
	9:00	6.7
	9:30	6.7
	10:00	6.7
	10:30	6.7
	11:00	6.7
	11:30	6.7
	12:00	6.7
	12:30	6.6
	13:00	6.6
	13:30	6.6
	14:00	6.6
	14:30	6.5
	15:00	6.5
	15:30	6.5
	16:00	6.5
	16:30	6.5
	17:00	6.5
	17:30	6.5
	18:00	6.4
	18:30	6.4
	19:00	6.4
	19:30	6.4
	20:00	6.4
	20:30	6.4
	21:00	6.3
	21:30	6.3
	22:00	6.2
	22:30	6.1
	23:00	6.0
	23:30	6.1

		μ Sv/h
3 23	0:00	6.0
	0:30	6.0
	1:00	6.1
	1:30	6.0
	2:00	6.1
	2:30	6.0
	3:00	6.1
	3:30	6.1
	4:00	6.1
	4:30	6.0
	5:00	6.0
	5:30	6.0
	6:00	6.0
	6:30	6.0
	7:00	6.0
	7:30	6.0
	8:00	6.0
	8:30	6.0
	9:00	6.0
	9:30	5.9
	10:00	5.9
	10:30	5.9
	11:00	5.9
	11:30	5.9
	12:00	5.9
	12:30	5.8
	13:00	5.8
	13:30	5.8
	14:00	5.8
	14:30	5.8
	15:00	5.8
	15:30	5.8
	16:00	5.8
	16:30	5.7
	17:00	5.7
	17:30	5.7
	18:00	5.7
	18:30	5.7
	19:00	5.7
	19:30	5.7
	20:00	5.7
	20:30	5.7
	21:00	5.6
	21:30	5.6
	22:00	5.6
	22:30	5.7
	23:00	5.6
	23:30	5.5

*
*1 μ Gy/h()=1 μ Sv/h()
* 0.037 ~ 0.046 μ Sv/h ()

()

(4/8)

		μ Sv/h
3 24	0:00	5.6
	0:30	5.5
	1:00	5.6
	1:30	5.5
	2:00	5.5
	2:30	5.5
	3:00	5.5
	3:30	5.5
	4:00	5.5
	4:30	5.5
	5:00	5.4
	5:30	5.4
	6:00	5.4
	6:30	5.4
	7:00	5.4
	7:30	5.4
	8:00	5.4
	8:30	5.4
	9:00	5.3
	9:30	5.4
	10:00	5.4
	10:30	5.3
	11:00	5.3
	11:30	5.3
	12:00	5.3
	12:30	5.3
	13:00	5.3
	13:30	5.3
	14:00	5.2
	14:30	5.2
	15:00	5.2
	15:30	5.2
	16:00	5.2
	16:30	5.2
	17:00	5.2
	17:30	5.1
	18:00	5.1
	18:30	5.2
	19:00	5.2
	19:30	5.1
	20:00	5.1
	20:30	5.1
	21:00	5.1
	21:30	5.1
	22:00	5.1
	22:30	5.0
	23:00	5.0
	23:30	5.0

		μ Sv/h
3 25	0:00	5.0
	0:30	5.0
	1:00	5.0
	1:30	5.0
	2:00	5.0
	2:30	4.9
	3:00	5.0
	3:30	4.9
	4:00	5.0
	4:30	4.9
	5:00	4.9
	5:30	4.9
	6:00	4.9
	6:30	4.9
	7:00	4.9
	7:30	4.9
	8:00	4.9
	8:30	4.9
	9:00	4.9
	9:30	4.8
	10:00	4.9
	10:30	4.8
	11:00	4.8
	11:30	4.8
	12:00	4.8
	12:30	4.7
	13:00	4.8
	13:30	4.7
	14:00	4.7
	14:30	4.7
	15:00	4.7
	15:30	4.6
	16:00	4.7
	16:30	4.6
	17:00	4.6
	17:30	4.6
	18:00	4.5
	18:30	4.5
	19:00	4.5
	19:30	4.5
	20:00	4.4
	20:30	4.4
	21:00	4.4
	21:30	4.4
	22:00	4.4
	22:30	4.4
	23:00	4.4
	23:30	4.3

		μ Sv/h
3 26	0:00	4.3
	0:30	4.3
	1:00	4.2
	1:30	4.3
	2:00	4.2
	2:30	4.3
	3:00	4.2
	3:30	4.2
	4:00	4.2
	4:30	4.2
	5:00	4.2
	5:30	4.2
	6:00	4.2
	6:30	4.2
	7:00	4.2
	7:30	4.3
	8:00	4.2
	8:30	4.2
	9:00	4.2
	9:30	4.3
	10:00	4.2
	10:30	4.3
	11:00	4.2
	11:30	4.3
	12:00	4.3
	12:30	4.2
	13:00	4.2
	13:30	4.3
	14:00	4.2
	14:30	4.2
	15:00	4.3
	15:30	4.2
	16:00	4.2
	16:30	4.2
	17:00	4.2
	17:30	4.2
	18:00	4.2
	18:30	4.2
	19:00	4.2
	19:30	4.2
	20:00	4.2
	20:30	4.1
	21:00	4.2
	21:30	4.2
	22:00	4.1
	22:30	4.1
	23:00	4.1
	23:30	4.1

*
*1 μ Gy/h()=1 μ Sv/h()
* 0.037 ~ 0.046 μ Sv/h ()

()

(5/8)

		μSv/h
3 27	0:00	4.1
	0:30	4.1
	1:00	4.1
	1:30	4.1
	2:00	4.1
	2:30	4.1
	3:00	4.1
	3:30	4.1
	4:00	4.0
	4:30	4.0
	5:00	4.0
	5:30	4.0
	6:00	4.0
	6:30	4.0
	7:00	4.0
	7:30	4.0
	8:00	4.0
	8:30	4.0
	9:00	4.0
	9:30	4.0
	10:00	4.0
	10:30	4.0
	11:00	4.0
	11:30	4.0
	12:00	3.9
	12:30	4.0
	13:00	3.9
	13:30	3.9
	14:00	4.0
	14:30	3.9
	15:00	3.9
	15:30	3.9
	16:00	3.9
	16:30	3.9
	17:00	3.9
	17:30	3.9
	18:00	3.9
	18:30	3.9
	19:00	3.8
	19:30	3.9
	20:00	3.8
	20:30	3.8
	21:00	3.9
	21:30	3.8
	22:00	3.8
	22:30	3.8
	23:00	3.8
	23:30	3.8

		μSv/h
3 28	0:00	3.8
	0:30	3.8
	1:00	3.8
	1:30	3.8
	2:00	3.8
	2:30	3.8
	3:00	3.8
	3:30	3.7
	4:00	3.8
	4:30	3.8
	5:00	3.8
	5:30	3.7
	6:00	3.8
	6:30	3.7
	7:00	3.7
	7:30	3.7
	8:00	3.7
	8:30	3.7
	9:00	3.6
	9:30	3.7
	10:00	3.7
	10:30	3.7
	11:00	3.7
	11:30	3.7
	12:00	3.7
	12:30	3.6
	13:00	3.7
	13:30	3.7
	14:00	3.6
	14:30	3.6
	15:00	3.6
	15:30	3.6
	16:00	3.6
	16:30	3.6
	17:00	3.6
	17:30	3.6
	18:00	
	18:30	
	19:00	
	19:30	
	20:00	3.6
	20:30	3.6
	21:00	3.6
	21:30	3.5
	22:00	3.6
	22:30	3.5
	23:00	3.5
	23:30	3.6

		μSv/h
3 29	0:00	3.5
	0:30	3.6
	1:00	3.5
	1:30	3.5
	2:00	3.5
	2:30	3.5
	3:00	3.5
	3:30	3.5
	4:00	3.5
	4:30	3.5
	5:00	3.5
	5:30	3.4
	6:00	3.5
	6:30	3.5
	7:00	3.5
	7:30	3.4
	8:00	3.5
	8:30	3.5
	9:00	3.5
	9:30	3.4
	10:00	3.4
	10:30	3.4
	11:00	3.4
	11:30	3.4
	12:00	3.4
	12:30	3.5
	13:00	3.4
	13:30	3.4
	14:00	3.4
	14:30	3.4
	15:00	3.4
	15:30	3.4
	16:00	3.4
	16:30	3.4
	17:00	3.4
	17:30	3.4
	18:00	3.3
	18:30	3.4
	19:00	3.4
	19:30	3.3
	20:00	3.3
	20:30	3.4
	21:00	3.3
	21:30	3.4
	22:00	3.3
	22:30	3.3
	23:00	3.4
	23:30	3.3

*
*1 μGy/h()=1 μSv/h()
* 0.037 ~ 0.046 μSv/h ()

()

(6 / 8)

		μ Sv/h
3 30	0:00	3.3
	0:30	3.3
	1:00	3.3
	1:30	3.3
	2:00	3.3
	2:30	3.3
	3:00	3.3
	3:30	3.3
	4:00	3.3
	4:30	3.3
	5:00	3.3
	5:30	3.2
	6:00	3.3
	6:30	3.2
	7:00	3.2
	7:30	3.3
	8:00	3.2
	8:30	3.2
	9:00	3.2
	9:30	3.2
	10:00	3.3
	10:30	3.2
	11:00	3.2
	11:30	3.2
	12:00	3.2
	12:30	3.2
	13:00	3.2
	13:30	3.2
	14:00	3.2
	14:30	3.2
	15:00	3.2
	15:30	3.2
	16:00	3.2
	16:30	3.2
	17:00	3.2
	17:30	3.2
	18:00	3.2
	18:30	3.1
	19:00	3.2
	19:30	3.1
	20:00	3.2
	20:30	3.1
	21:00	3.2
	21:30	3.2
	22:00	3.1
	22:30	3.2
	23:00	3.1
	23:30	3.1

		μ Sv/h
3 31	0:00	3.2
	0:30	3.1
	1:00	3.2
	1:30	3.1
	2:00	3.2
	2:30	3.1
	3:00	3.1
	3:30	3.1
	4:00	3.1
	4:30	3.1
	5:00	3.1
	5:30	3.1
	6:00	3.1
	6:30	3.1
	7:00	3.0
	7:30	3.0
	8:00	3.1
	8:30	3.0
	9:00	3.1
	9:30	3.1
	10:00	3.0
	10:30	3.0
	11:00	3.0
	11:30	3.0
	12:00	3.0
	12:30	3.0
	13:00	3.0
	13:30	3.0
	14:00	3.0
	14:30	3.0
	15:00	3.0
	15:30	3.0
	16:00	3.0
	16:30	3.0
	17:00	3.0
	17:30	3.0
	18:00	3.0
	18:30	3.0
	19:00	3.0
	19:30	3.0
	20:00	3.0
	20:30	3.0
	21:00	3.0
	21:30	2.9
	22:00	3.0
	22:30	3.0
	23:00	3.0
	23:30	2.9

		μ Sv/h
4 1	0:00	2.9
	0:30	3.0
	1:00	3.0
	1:30	3.0
	2:00	3.0
	2:30	2.9
	3:00	3.0
	3:30	2.9
	4:00	2.9
	4:30	3.0
	5:00	2.9
	5:30	2.9
	6:00	2.9
	6:30	2.9
	7:00	2.9
	7:30	2.9
	8:00	3.0
	8:30	2.9
	9:00	2.9
	9:30	2.9
	10:00	2.9
	10:30	2.9
	11:00	2.9
	11:30	2.9
	12:00	2.9
	12:30	2.9
	13:00	2.9
	13:30	2.9
	14:00	2.9
	14:30	2.9
	15:00	2.9
	15:30	2.9
	16:00	2.9
	16:30	2.9
	17:00	2.9
	17:30	2.9
	18:00	2.9
	18:30	2.9
	19:00	2.8
	19:30	2.9
	20:00	2.8
	20:30	2.9
	21:00	2.8
	21:30	2.8
	22:00	2.9
	22:30	2.8
	23:00	2.9
	23:30	2.8

*
 *1 μ Gy/h()=1 μ Sv/h()
 * 0.037 ~ 0.046 μ Sv/h ()

()

(7/8)

		μ Sv/h
4 2	0:00	2.8
	0:30	2.8
	1:00	2.8
	1:30	2.8
	2:00	2.8
	2:30	2.8
	3:00	2.8
	3:30	2.8
	4:00	2.8
	4:30	2.8
	5:00	2.8
	5:30	2.8
	6:00	2.8
	6:30	2.8
	7:00	2.8
	7:30	2.8
	8:00	2.8
	8:30	2.8
	9:00	2.8
	9:30	2.8
	10:00	2.8
	10:30	2.8
	11:00	2.7
	11:30	2.7
	12:00	2.7
	12:30	2.8
	13:00	2.8
	13:30	2.8
	14:00	2.8
	14:30	2.7
	15:00	2.7
	15:30	2.7
	16:00	2.7
	16:30	2.7
	17:00	2.7
	17:30	2.7
	18:00	2.7
	18:30	2.7
	19:00	2.8
	19:30	2.7
	20:00	2.7
	20:30	2.7
	21:00	2.7
	21:30	2.7
	22:00	2.7
	22:30	2.7
	23:00	2.7
	23:30	2.7

		μ Sv/h
4 3	0:00	2.7
	0:30	2.7
	1:00	2.7
	1:30	2.7
	2:00	2.7
	2:30	2.7
	3:00	2.7
	3:30	2.7
	4:00	2.7
	4:30	2.7
	5:00	2.7
	5:30	2.7
	6:00	2.7
	6:30	2.7
	7:00	2.7
	7:30	2.7
	8:00	2.7
	8:30	2.7
	9:00	2.7
	9:30	2.7
	10:00	2.7
	10:30	2.7
	11:00	2.7
	11:30	2.7
	12:00	2.7
	12:30	2.7
	13:00	2.7
	13:30	2.7
	14:00	2.7
	14:30	2.6
	15:00	2.6
	15:30	2.6
	16:00	2.7
	16:30	2.6
	17:00	2.6
	17:30	2.6
	18:00	2.6
	18:30	2.6
	19:00	2.6
	19:30	2.6
	20:00	2.6
	20:30	2.6
	21:00	2.6
	21:30	2.6
	22:00	2.6
	22:30	2.6
	23:00	2.6
	23:30	2.6

		μ Sv/h
4 4	0:00	2.6
	0:30	2.6
	1:00	2.6
	1:30	2.6
	2:00	2.6
	2:30	2.6
	3:00	2.6
	3:30	2.5
	4:00	2.6
	4:30	2.6
	5:00	2.6
	5:30	2.6
	6:00	2.6
	6:30	2.6
	7:00	2.5
	7:30	2.6
	8:00	2.6
	8:30	2.5
	9:00	2.5
	9:30	2.6
	10:00	2.5
	10:30	2.5
	11:00	2.5
	11:30	2.6
	12:00	2.5
	12:30	2.5
	13:00	2.5
	13:30	2.5
	14:00	2.5
	14:30	2.6
	15:00	2.5
	15:30	2.5
	16:00	2.5
	16:30	2.5
	17:00	2.5
	17:30	2.5
	18:00	2.5
	18:30	2.5
	19:00	2.5
	19:30	2.5
	20:00	2.5
	20:30	2.5
	21:00	2.5
	21:30	2.5
	22:00	2.5
	22:30	2.5
	23:00	2.5
	23:30	2.5

*
*1 μ Gy/h()=1 μ Sv/h()
* 0.037 ~ 0.046 μ Sv/h ()

《 일상생활과 방사선 》

주:본 자료는 일본어로 작성한 자료의 잠정적 번역임.



※ Sv【시버트】=방사선 종류에 의한 생물효과의 정수 (※) × Gy【그레이】

※ X선, γ선에서는 1