

10 魚介類

per 100 g edible portion

| 食品番号 Item No. | 食品名 Food and description | 水 Water | たんばく質 Protein | アミノ酸総量 Protein: the sum of amino acid residues | イソロイシン Ile | ロイシン Leu | (リジン) Lys | 含硫アミノ酸 SAA | | | 芳香族アミノ酸 AAA | | | (トスレオニン) Thr | トリプトファン Trp | バリン Val | ヒスチジン His | アルギニン Arg | アラニン Ala | アスパラギン酸 Asp | グルタミン酸 Glu | グリシン Gly | プロリン Pro | セリン Ser | アミノ酸合計 Total | アンモニア Ammonia | 備考 Remarks | | | | | | | | | | | | | | | | | | |
|-------------------------------------|-----------------------------|------------|------------------|---|---------------|-------------|--------------|-----------------|--------------|-------------|-----------------|-------------|-------------|-----------------|----------------|------------|--------------|--------------|-------------|----------------|---------------|-------------|-------------|------------|-----------------|------------------|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | メチオニン Met | システイン Cys | 合計 Total | フェニルアラニン Phe | チロシン Tyr | 合計 Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | (..... g) | | | | | | | | | | | | | | | | | | | | | | | (..... mg) | | | | | | | | | | | | | | |
| 魚介類 FISHES AND SHELLFISHES | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| <魚類> <FISHES> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| あこうだい Matsubara's red rockfish | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10002 | 生 Raw | 79.8 | 16.8 | 14.2 | 810 | 1,400 | 1,700 | 540 | 180 | 730 | 700 | 580 | 1,300 | 770 | 180 | 860 | 400 | 1,000 | 1,000 | 1,800 | 2,600 | 730 | 540 | 680 | 16,000 | 280 | 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | |
| (あじ類) (Horse mackerels) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| まあじ Horse mackerel | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10003 | 生 Raw | 74.4 | 20.7 | 17.4 | 960 | 1,700 | 1,900 | 640 | 220 | 860 | 870 | 720 | 1,600 | 960 | 230 | 1,100 | 860 | 1,200 | 1,300 | 2,100 | 3,000 | 970 | 750 | 820 | 20,000 | 330 | 別名：あじ 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | |
| あなご Common Japanese conger | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10015 | 生 Raw | 72.2 | 17.3 | 14.0 | 810 | 1,400 | 1,600 | 510 | 210 | 720 | 670 | 550 | 1,200 | 720 | 180 | 850 | 520 | 1,100 | 1,000 | 1,700 | 2,400 | 960 | 610 | 640 | 16,000 | 290 | 背開き ²⁾ | | | | | | | | | | | | | | | | | | |
| あまだい Tile fish | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10018 | 生 Raw | 76.5 | 18.8 | 15.6 | 910 | 1,500 | 1,800 | 600 | 240 | 840 | 780 | 620 | 1,400 | 820 | 200 | 980 | 410 | 1,200 | 1,100 | 2,000 | 2,800 | 890 | 600 | 720 | 18,000 | 320 | 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | |
| あゆ Ayu sweetfish | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10021 | 天然、生 Wild, raw | 77.7 | 18.3 | 14.6 | 710 | 1,300 | 1,600 | 550 | 180 | 730 | 680 | 590 | 1,300 | 770 | 200 | 830 | 540 | 1,100 | 1,100 | 1,700 | 2,500 | 1,100 | 730 | 720 | 17,000 | 260 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ (三枚下ろし ¹⁾) ヒドロキシプロリン ⁴⁾ 170 mg | | | | | | | | | | | | | | | | | | |
| 10025 | 養殖、生 Cultured, raw | 72.0 | 17.8 | 14.3 | 720 | 1,300 | 1,600 | 540 | 180 | 720 | 680 | 590 | 1,300 | 760 | 200 | 830 | 480 | 1,100 | 1,100 | 1,700 | 2,400 | 1,000 | 710 | 710 | 17,000 | 250 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ (三枚下ろし ¹⁾) ヒドロキシプロリン ⁴⁾ 130 mg | | | | | | | | | | | | | | | | | | |
| いかなご Japanese sand lance | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10033 | 生 Raw | 74.2 | 17.2 | 13.7 | 770 | 1,300 | 1,500 | 530 | 200 | 730 | 670 | 570 | 1,200 | 790 | 200 | 880 | 440 | 920 | 1,000 | 1,600 | 2,400 | 800 | 610 | 670 | 16,000 | 310 | 小型魚全体 ⁵⁾ | | | | | | | | | | | | | | | | | | |
| (いわし類) (Sardines) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| うるめいわし Big-eye sardine | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10042 | 生 Raw | 71.7 | 21.3 | 17.9 | 1,000 | 1,700 | 2,000 | 640 | 210 | 850 | 880 | 740 | 1,600 | 950 | 260 | 1,200 | 1,100 | 1,200 | 1,300 | 2,100 | 3,000 | 970 | 750 | 820 | 21,000 | 340 | 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | |
| かたくちいわし Japanese anchovy | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10044 | 生 Raw | 68.2 | 18.2 | 14.9 | 800 | 1,400 | 1,600 | 550 | 190 | 740 | 740 | 590 | 1,300 | 810 | 200 | 930 | 910 | 1,000 | 1,100 | 1,800 | 2,500 | 830 | 600 | 710 | 17,000 | 280 | 別名：しこいわし、ひしこ、せぐろ 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | |
| まいわし Japanese pilchard | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10047 | 生 Raw | 64.4 | 19.8 | 16.4 | 910 | 1,600 | 1,800 | 580 | 190 | 770 | 820 | 660 | 1,500 | 910 | 220 | 1,000 | 1,000 | 1,100 | 1,200 | 1,900 | 2,800 | 950 | 670 | 770 | 19,000 | 280 | 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | |
| しらす干し Shirasuboshi ⁶⁾ | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10055 | 微乾燥品 Mild dried | 69.9 | 23.1 | 18.3 | 950 | 1,700 | 1,900 | 620 | 240 | 860 | 900 | 810 | 1,700 | 1,000 | 270 | 1,100 | 560 | 1,400 | 1,300 | 2,200 | 3,200 | 1,000 | 870 | 920 | 21,000 | 320 | 主として関東向け。ヒドロキシプロリン ⁴⁾ 75 mg | | | | | | | | | | | | | | | | | | |
| 10056 | 半乾燥品 Semi-dried | 46.0 | 40.5 | 32.3 | 1,700 | 3,100 | 3,500 | 1,100 | 450 | 1,600 | 1,600 | 1,500 | 3,100 | 1,800 | 470 | 2,000 | 1,100 | 2,400 | 2,400 | 3,900 | 5,500 | 1,900 | 1,500 | 1,600 | 38,000 | 570 | 主として関西向け。ヒドロキシプロリン ⁴⁾ 140 mg | | | | | | | | | | | | | | | | | | |
| うなぎ Eel | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10067 | 養殖、生 Cultured, raw | 62.1 | 17.1 | 14.0 | 610 | 1,100 | 1,300 | 470 | 140 | 610 | 600 | 470 | 1,100 | 680 | 130 | 700 | 590 | 1,100 | 1,200 | 1,500 | 2,200 | 1,700 | 970 | 650 | 16,000 | 200 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ (三枚下ろし ¹⁾) ヒドロキシプロリン ⁴⁾ 460 mg | | | | | | | | | | | | | | | | | | |

1) Fillet 2) Dorsal side-opened 3) Without head, viscera, bones, fins, etc. 4) Hydroxyproline 5) Small-size whole body 6) Boiled and dried whitebait 7) Ingredients : Japanese anchovy, Japanese pilchard, etc.

10 魚介類

per 100 g edible portion

| 食品番号 Item No. | 食品名 Food and description | 水 Water | たんばく質 Protein | アミノ酸 たんばく質 Protein: the sum of amino acid residues | イソロイシン Ile | ロイシン Leu | (リジン) (リ) Lys | 含硫アミノ酸 SAA | | | 芳香族アミノ酸 AAA | | | (トスレオニン) (ト) Thr | トリプトファン Trp | バリン Val | ヒスチジン His | アルギニン Arg | アラニン Ala | アスパラギン酸 Asp | グルタミン酸 Glu | グリシン Gly | プロリン Pro | セリン Ser | アミノ酸合計 Total | アンモニア Ammonia | 備考 Remarks | |
|------------------|---|----------------|------------------|--|---------------|-------------|------------------|---------------|--------------|-------------|-----------------|-------------|-------------|---------------------|----------------|------------|--------------|--------------|-------------|----------------|---------------|-------------|-------------|------------|-----------------|------------------|--|--|
| | | | | | | | | メチオニン Met | システイン Cys | 合計 Total | フェニルアラニン Phe | チロシン Tyr | 合計 Total | | | | | | | | | | | | | | | |
| | | (..... g | | (..... mg | | | | | | | | | | | | | | | | | | | | | | | | |
| 10071 | うまづらはぎ Filefish 生 Raw (かじき類) (Marlins and swordfishes) | 80.2 | 18.2 | 14.7 | 880 | 1,400 | 1,600 | 520 | 230 | 760 | 700 | 610 | 1,300 | 760 | 220 | 990 | 440 | 1,100 | 1,100 | 1,800 | 2,500 | 930 | 630 | 650 | 17,000 | 400 | 頭部、皮、骨、内臓、ひれ等を除いたもの ¹⁾ | |
| 10083 | くろかじき Blue marlin 生 Raw (かつお類) (Skipjacks and frigate mackerels) | 75.6 | 22.9 | 18.2 | 1,100 | 1,700 | 1,900 | 640 | 270 | 920 | 810 | 700 | 1,500 | 910 | 260 | 1,200 | 1,800 | 1,300 | 1,200 | 2,000 | 2,900 | 1,100 | 760 | 750 | 21,000 | 360 | 別名：くろかわ 切り身 ²⁾ | |
| 10086 | かつお Skipjack 春獲り、生 Caught in spring, raw | 72.2 | 25.8 | 20.2 | 1,000 | 1,800 | 2,100 | 700 | 270 | 970 | 910 | 800 | 1,700 | 1,100 | 310 | 1,200 | 2,500 | 1,300 | 1,400 | 2,200 | 3,000 | 1,100 | 790 | 900 | 23,000 | 330 | 通称名：初がつお。ヒドロキシプロリン ³⁾ 63 mg 頭部、内臓、骨、ひれ等を除いたもの ⁴⁾ (三枚下ろし ⁵⁾) | |
| 10087 | 秋獲り、生 Caught in autumn, raw | 67.3 | 25.0 | 20.1 | 1,000 | 1,800 | 2,100 | 690 | 270 | 960 | 920 | 800 | 1,700 | 1,100 | 300 | 1,200 | 2,300 | 1,300 | 1,400 | 2,200 | 3,000 | 1,100 | 800 | 880 | 23,000 | 340 | 通称名：戻りがつお。ヒドロキシプロリン ³⁾ 80 mg 頭部、内臓、骨、ひれ等を除いたもの ⁴⁾ (三枚下ろし ⁵⁾) | |
| 10091 | 加工品 Processed products かつお節 Katsuo-bushi ⁶⁾ | 15.2 | 77.1 | 62.8 | 3,500 | 5,900 | 6,800 | 2,200 | 750 | 2,900 | 3,000 | 2,800 | 5,600 | 3,500 | 950 | 4,000 | 5,600 | 4,300 | 4,300 | 7,200 | 9,800 | 3,400 | 2,600 | 2,800 | 73,000 | 1,000 | | |
| 10092 | 削り節 Kezuri-bushi ⁷⁾ | 17.2 | 75.7 | 62.6 | 3,400 | 5,900 | 6,500 | 2,200 | 800 | 3,000 | 3,100 | 2,700 | 5,700 | 3,600 | 1,000 | 4,000 | 4,800 | 4,300 | 4,400 | 7,300 | 9,800 | 3,500 | 2,600 | 2,900 | 73,000 | 1,100 | 包装品 ⁸⁾ | |
| 10098 | かます Barracuda 生 Raw | 72.7 | 18.9 | 15.1 | 870 | 1,500 | 1,800 | 600 | 280 | 870 | 740 | 650 | 1,400 | 780 | 210 | 960 | 530 | 1,100 | 1,100 | 1,800 | 2,800 | 840 | 650 | 670 | 18,000 | 310 | あかかます 三枚下ろし ⁵⁾ | |
| 10100 | (かれい類) (Righteye flounders) まがれい Brown sole 生 Raw | 77.8 | 19.6 | 17.4 | 940 | 1,700 | 1,900 | 630 | 230 | 860 | 820 | 720 | 1,500 | 950 | 230 | 1,000 | 500 | 1,300 | 1,200 | 2,200 | 3,300 | 1,000 | 690 | 910 | 20,000 | 310 | 「改訂 日本食品アミノ酸組成表」08-060 かれい 生の 収載値から算出 ⁹⁾ 。頭部、内臓、骨、ひれ等を除いたもの ⁴⁾ しろぎす | |
| 10109 | きす Japanese whiting 生 Raw | 79.0 | 19.2 | 16.1 | 950 | 1,600 | 1,900 | 640 | 250 | 890 | 770 | 650 | 1,400 | 830 | 220 | 1,000 | 490 | 1,200 | 1,100 | 2,000 | 2,900 | 920 | 640 | 680 | 19,000 | 320 | 三枚下ろし ⁵⁾ | |
| 10115 | ぎんだら Sablefish 生 Raw | 68.6 | 13.0 | 10.5 | 590 | 980 | 1,200 | 460 | 140 | 600 | 480 | 410 | 890 | 580 | 120 | 640 | 330 | 760 | 730 | 1,300 | 1,900 | 620 | 440 | 520 | 12,000 | 230 | 冷凍品 ¹⁰⁾ 切り身 ²⁾ | |
| 10116 | きんめだい Alfonsino 生 Raw | 72.1 | 17.8 | 14.2 | 720 | 1,300 | 1,600 | 530 | 180 | 710 | 710 | 570 | 1,300 | 750 | 180 | 830 | 530 | 1,000 | 1,100 | 1,700 | 2,500 | 960 | 640 | 690 | 17,000 | 230 | 頭部、内臓、骨、ひれ等を除いたもの ⁴⁾ (三枚下ろし ⁵⁾) ヒドロキシプロリン ³⁾ 110 mg いしもち(しろぐち) | |
| 10117 | ぐち Croaker 生 Raw | 80.1 | 18.0 | 14.9 | 900 | 1,500 | 1,700 | 580 | 220 | 800 | 750 | 630 | 1,400 | 780 | 200 | 970 | 400 | 1,100 | 1,100 | 1,900 | 2,600 | 770 | 560 | 650 | 17,000 | 320 | 三枚下ろし ⁵⁾ | |
| 10119 | こい Carp 養殖、生 Cultured, raw | 71.0 | 17.7 | 14.5 | 710 | 1,300 | 1,500 | 510 | 160 | 670 | 710 | 550 | 1,300 | 760 | 180 | 820 | 590 | 1,100 | 1,100 | 1,700 | 2,400 | 1,100 | 760 | 710 | 17,000 | 240 | 頭部、内臓、骨、ひれ等を除いたもの ⁴⁾ (三枚下ろし ⁵⁾) ヒドロキシプロリン ³⁾ 230 mg | |
| 10124 | このしろ Gizzard shad 生 Raw | 70.6 | 19.0 | 15.2 | 890 | 1,500 | 1,700 | 590 | 240 | 830 | 750 | 640 | 1,400 | 780 | 210 | 1,000 | 690 | 1,100 | 1,100 | 1,800 | 2,500 | 880 | 600 | 650 | 18,000 | 330 | 別名：こはだ(小型魚)、つなし 三枚下ろし ⁵⁾ | |

1) Without head, skin, bones, viscera, fins, etc. 2) Sliced 3) Hydroxyproline 4) Without head, viscera, bones, fins, etc. 5) Fillet 6) Boiled, smoke-dried and molded fillet 7) Shaved *Katsuo-bushi* 8) Packed product 9) Calculated from Item No. 08-060 in the Revised edition 10) Frozen product

10 魚介類

per 100 g edible portion

| 食品番号 Item No. | 食品名 Food and description | 水 Water | たんばく質 Protein | アミノ酸 Protein: the sum of amino acid residues | イソロイシン Ile | ロイシン Leu | (リジン) Lys | 含硫アミノ酸 SAA | | | 芳香族アミノ酸 AAA | | | (トスレオニン) Thr | トリプトファン Trp | バリン Val | ヒスチジン His | アルギニン Arg | アラニン Ala | アスパラギン酸 Asp | グルタミン酸 Glu | グリシン Gly | プロリン Pro | セリン Ser | アミノ酸合計 Total | アンモニア Ammonia | 備考 Remarks | | | | | | | | | | | | | | | | | | | | |
|----------------------------------|------------------------------|------------|------------------|---|---------------|-------------|--------------|-----------------|--------------|-------------|-----------------|-------------|-------------|-----------------|----------------|------------|--------------|--------------|-------------|----------------|---------------|-------------|-------------|------------|-----------------|------------------|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | メチオニン Met | システイン Cys | 合計 Total | フェニルアラニン Phe | チロシン Tyr | 合計 Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | (..... g) | | | | | | | | | | | | | | | | | | | | | | | | (..... mg) | | | | | | | | | | | | | | | |
| (さけ・ます類) (Salmons and trouts) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10134 | しろさけ Chum salmon | 72.3 | 22.3 | 18.2 | 1,000 | 1,700 | 2,000 | 680 | 230 | 920 | 880 | 750 | 1,600 | 1,000 | 250 | 1,200 | 1,100 | 1,300 | 1,300 | 2,200 | 3,000 | 1,000 | 770 | 860 | 21,000 | 290 | 標準和名：さけ。別名：あきさけ、あきあじ 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | | | |
| 10141 | すじこ Sujiko ²⁾ | 45.7 | 30.5 | 26.4 | 1,900 | 2,900 | 2,400 | 830 | 500 | 1,300 | 1,500 | 1,200 | 2,800 | 1,400 | 330 | 2,200 | 820 | 1,800 | 2,400 | 2,800 | 3,500 | 860 | 1,600 | 1,500 | 31,000 | 480 | 卵巣を塩蔵したもの | | | | | | | | | | | | | | | | | | | | |
| 10148 | にじます Rainbow trout | 74.5 | 19.7 | 15.9 | 750 | 1,400 | 1,800 | 590 | 200 | 790 | 740 | 590 | 1,300 | 840 | 200 | 890 | 670 | 1,200 | 1,100 | 1,900 | 2,800 | 1,400 | 820 | 780 | 19,000 | 270 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ ヒドロキシプロリン ⁴⁾ 240 mg | | | | | | | | | | | | | | | | | | | | |
| (さば類) (Mackerels) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10154 | まさば Mackerel | 65.7 | 20.7 | 17.5 | 940 | 1,600 | 1,800 | 690 | 220 | 900 | 840 | 690 | 1,500 | 960 | 230 | 1,100 | 1,300 | 1,200 | 1,200 | 2,000 | 2,900 | 1,100 | 760 | 830 | 20,000 | 300 | 「改訂 日本食品アミノ酸組成表」08-084-a さば 生の収載値から算出 ⁵⁾ 。三枚下ろし ¹⁾ 別名：ふか | | | | | | | | | | | | | | | | | | | | |
| (さめ類) (Sharks) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10168 | よしきりざめ Blue shark | 79.2 | 18.9 | 9.2 | 570 | 890 | 1,000 | 330 | 130 | 460 | 440 | 390 | 840 | 510 | 140 | 550 | 280 | 720 | 650 | 1,000 | 1,700 | 550 | 410 | 420 | 11,000 | 640 | 切り身 ⁶⁾ 。残余アンモニア ⁷⁾ 320 mg | | | | | | | | | | | | | | | | | | | | |
| 10171 | さわら Spanish mackerel | 68.6 | 20.1 | 17.6 | 980 | 1,600 | 2,000 | 650 | 220 | 870 | 830 | 690 | 1,500 | 960 | 230 | 1,100 | 720 | 1,300 | 1,300 | 2,100 | 3,000 | 1,100 | 780 | 830 | 20,000 | 320 | 三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | | | |
| 10173 | さんま Pacific saury | 55.8 | 18.5 | 14.5 | 760 | 1,300 | 1,400 | 520 | 190 | 710 | 670 | 570 | 1,200 | 770 | 200 | 850 | 1,200 | 1,000 | 1,000 | 1,600 | 2,200 | 930 | 660 | 690 | 17,000 | 250 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ (三枚下ろし ¹⁾) ヒドロキシプロリン ⁴⁾ 130 mg | | | | | | | | | | | | | | | | | | | | |
| (ししゃも類) (Shishamo) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10182 | からふとししゃも Atlantic capelin | 69.3 | 15.6 | 12.2 | 710 | 1,200 | 1,200 | 420 | 230 | 650 | 620 | 510 | 1,100 | 680 | 200 | 870 | 380 | 900 | 940 | 1,300 | 1,900 | 770 | 650 | 710 | 14,000 | 330 | 別名：カペリン 輸入品 ⁸⁾ ひと塩品 ⁹⁾ 。魚体全体 ¹⁰⁾ | | | | | | | | | | | | | | | | | | | | |
| (たい類) (Sea breams) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10192 | まだい Red sea bream | 72.2 | 20.6 | 17.2 | 1,000 | 1,700 | 2,000 | 640 | 230 | 870 | 840 | 700 | 1,500 | 960 | 220 | 1,100 | 540 | 1,200 | 1,200 | 2,200 | 3,000 | 970 | 730 | 800 | 20,000 | 330 | 「改訂 日本食品アミノ酸組成表」08-110-a たい まだい、生の収載値から算出 ¹¹⁾ 。三枚下ろし ¹⁾ | | | | | | | | | | | | | | | | | | | | |
| 10198 | たちうお Hairtail | 61.6 | 16.5 | 14.1 | 790 | 1,300 | 1,600 | 580 | 180 | 770 | 660 | 600 | 1,300 | 790 | 180 | 870 | 430 | 1,000 | 1,000 | 1,800 | 2,500 | 820 | 590 | 680 | 16,000 | 250 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ | | | | | | | | | | | | | | | | | | | | |
| (たら類) (Cod fishes) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10199 | すけとうだら Walleye pollack | 80.4 | 18.1 | 14.4 | 690 | 1,300 | 1,500 | 570 | 190 | 760 | 650 | 580 | 1,200 | 750 | 190 | 780 | 440 | 1,100 | 1,100 | 1,700 | 2,500 | 1,100 | 680 | 790 | 17,000 | 240 | 頭部、内臓、骨、ひれ等を除いたもの ³⁾ (三枚下ろし ¹⁾) ヒドロキシプロリン ⁴⁾ 130 mg | | | | | | | | | | | | | | | | | | | | |
| 10202 | たらこ Tarako ¹²⁾ | 65.2 | 24.0 | 20.5 | 1,300 | 2,200 | 1,800 | 500 | 310 | 810 | 950 | 1,100 | 2,000 | 1,100 | 280 | 1,400 | 520 | 1,200 | 1,700 | 1,900 | 3,900 | 880 | 1,400 | 1,400 | 24,000 | 370 | 調味料にアミノ酸等を含む ¹³⁾ | | | | | | | | | | | | | | | | | | | | |

1) Fillet 2) Salted ovary 3) Without head, viscera, bones, fins, etc. 4) Hydroxyproline 5) Calculated from Item No. 08-084-a in the Revised edition 6) Sliced 7) Ammonia derived from non-proteinous compounds 8) Imported 9) Mild salted 10) Whole
11) Calculated from Item No. 08-110-a in the Revised edition 12) Salted roe 13) Seasoning contains amino acids, etc.

10 魚介類

per 100 g edible portion

| 食品番号 Item No. | 食品名 Food and description | 水 Water | たんばく質 Protein | たんぱく質の組成成分 Protein: the sum of amino acid residues | イソロイシン Ile | ロイシン Leu | (リジン) (リ) Lys | 含硫アミノ酸 SAA | | | 芳香族アミノ酸 AAA | | | (トスレオニン) (ト) Thr | トリプトファン Trp | バリン Val | ヒスチジン His | アルギニン Arg | アラニン Ala | アスパラギン酸 Asp | グルタミン酸 Glu | グリシン Gly | プロリン Pro | セリン Ser | アミノ酸合計 Total | アンモニア Ammonia | 備考 Remarks | | | | | | | | | | | | | | | | | | |
|------------------|--|------------|------------------|---|---------------|-------------|------------------|-----------------|--------------|-------------|-----------------|-------------|-------------|---------------------|----------------|------------|--------------|--------------|-------------|----------------|---------------|-------------|-------------|------------|-----------------|------------------|---|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | メチオニン Met | システイン Cys | 合計 Total | フェニルアラニン Phe | チロシン Tyr | 合計 Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | (..... g) | | | | | | | | | | | | | | | | | | | | | | | (..... mg) | | | | | | | | | | | | | | |
| 10205 | まだら Pacific cod 生 Raw | 80.9 | 17.6 | 13.9 | 690 | 1,300 | 1,500 | 530 | 190 | 710 | 640 | 580 | 1,200 | 730 | 180 | 780 | 440 | 1,100 | 1,000 | 1,700 | 2,500 | 950 | 620 | 750 | 16,000 | 230 | 別名：たら 頭部、内臓、骨、ひれ等を除いたもの ¹⁾ (三枚下ろし ²⁾ ヒドロキシプロリン ³⁾ 100 mg 市販通称名：いずみだい、ちかだい | | | | | | | | | | | | | | | | | | |
| 10212 | テラピア Tilapia 生 Raw | 73.5 | 19.8 | 16.5 | 960 | 1,600 | 1,900 | 610 | 240 | 850 | 800 | 660 | 1,500 | 870 | 220 | 1,000 | 490 | 1,200 | 1,200 | 2,000 | 3,000 | 1,100 | 680 | 690 | 19,000 | 330 | 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |
| 10213 | どじょう Loach 生 Raw | 79.1 | 16.1 | 13.2 | 730 | 1,200 | 1,300 | 450 | 170 | 610 | 650 | 480 | 1,100 | 700 | 180 | 820 | 360 | 1,000 | 1,000 | 1,600 | 2,100 | 1,200 | 750 | 650 | 15,000 | 290 | 魚体全体 ⁴⁾ | | | | | | | | | | | | | | | | | | |
| 10215 | とびうお Flying fish 生 Raw | 76.9 | 21.0 | 17.5 | 1,000 | 1,700 | 2,000 | 670 | 260 | 930 | 830 | 740 | 1,600 | 910 | 250 | 1,100 | 1,100 | 1,300 | 1,200 | 2,100 | 2,900 | 960 | 660 | 740 | 20,000 | 440 | 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |
| 10218 | にしん Pacific herring 生 Raw | 66.1 | 17.4 | 14.5 | 850 | 1,400 | 1,700 | 550 | 220 | 770 | 720 | 590 | 1,300 | 760 | 190 | 980 | 450 | 1,100 | 1,100 | 1,700 | 2,500 | 830 | 610 | 620 | 17,000 | 260 | 別名：かどいわし 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |
| 10225 | はぜ Yellowfin goby 生 Raw | 79.4 | 19.1 | 15.6 | 910 | 1,500 | 1,700 | 580 | 250 | 830 | 820 | 650 | 1,500 | 810 | 200 | 960 | 460 | 1,100 | 1,200 | 2,000 | 2,800 | 970 | 580 | 680 | 18,000 | 360 | まはぜ 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |
| 10228 | はたはた Sandfish 生 Raw | 78.8 | 14.1 | 11.7 | 680 | 1,200 | 1,300 | 440 | 170 | 610 | 550 | 490 | 1,000 | 630 | 180 | 720 | 330 | 870 | 820 | 1,400 | 2,100 | 620 | 460 | 550 | 14,000 | 240 | 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |
| (10243) | はまち→ぶり はも Conger pike 生 Raw | 71.0 | 22.3 | 18.4 | 1,100 | 1,800 | 2,300 | 660 | 270 | 930 | 830 | 750 | 1,600 | 910 | 240 | 1,100 | 620 | 1,400 | 1,300 | 2,200 | 3,200 | 1,200 | 830 | 780 | 21,000 | 380 | 切り身 ⁵⁾ | | | | | | | | | | | | | | | | | | |
| 10235 | ひらめ Bastard halibut 養殖、生 Cultured, raw | 73.9 | 21.2 | 18.5 | 1,000 | 1,800 | 2,100 | 700 | 250 | 940 | 900 | 770 | 1,700 | 1,000 | 240 | 1,100 | 590 | 1,300 | 1,300 | 2,300 | 3,400 | 990 | 720 | 920 | 22,000 | 310 | 「改訂 日本食品アミノ酸組成表」08-137 ひらめ 生の収載値から算出 ⁶⁾ 。頭部、内臓、骨、ひれ等を除いたもの ¹⁾ | | | | | | | | | | | | | | | | | | |
| 10237 | (ふぐ類) (Puffers) まふぐ Purple puffer 生 Raw | 79.3 | 18.9 | 15.2 | 900 | 1,500 | 1,700 | 540 | 230 | 770 | 680 | 620 | 1,300 | 790 | 220 | 980 | 440 | 1,100 | 1,100 | 1,800 | 2,600 | 1,100 | 730 | 690 | 18,000 | 400 | 試料は天然のもの ⁷⁾ 。「改訂 日本食品アミノ酸組成表」08-138 ふぐ 生の収載値から算出 ⁶⁾ 。切り身 ⁵⁾ | | | | | | | | | | | | | | | | | | |
| 10238 | ふな Crucian carp 生 Raw | 78.0 | 18.2 | 15.1 | 870 | 1,500 | 1,700 | 540 | 200 | 740 | 780 | 610 | 1,400 | 760 | 180 | 940 | 520 | 1,100 | 1,100 | 1,900 | 2,600 | 1,000 | 600 | 660 | 18,000 | 340 | 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |
| 10241 | ぶり Yellowtail 成魚 Mature 生 Raw | 59.6 | 21.4 | 18.1 | 1,000 | 1,700 | 2,000 | 670 | 230 | 900 | 860 | 710 | 1,600 | 960 | 250 | 1,100 | 1,700 | 1,200 | 1,200 | 2,100 | 2,800 | 1,000 | 770 | 820 | 21,000 | 300 | 試料は天然のもの ⁷⁾ 。「改訂 日本食品アミノ酸組成表」08-241 ぶり 天然、成魚 生の収載値から算出 ⁶⁾ 。切り身 ⁵⁾ | | | | | | | | | | | | | | | | | | |
| 10243 | はまち Young 養殖、生 Cultured, raw | 60.8 | 19.7 | 16.5 | 920 | 1,500 | 1,700 | 640 | 210 | 850 | 790 | 640 | 1,400 | 880 | 230 | 1,000 | 1,500 | 1,100 | 1,100 | 1,900 | 2,600 | 910 | 660 | 740 | 19,000 | 260 | 三枚下ろし ²⁾ | | | | | | | | | | | | | | | | | | |

1) Without head, viscera, bones, fins, etc. 2) Fillet 3) Hydroxyproline 4) Whole 5) Sliced 6) Calculated from Item No. 08-137 in the Revised edition 7) Wild 8) Calculated from Item No. 08-138 in the Revised edition 9) Calculated from Item No. 08-241 in the Revised edition

10 魚介類

per 100 g edible portion

| 食品番号 Item No. | 食品名 Food and description | 水 Water | たんばく質 Protein | たんばく質の総量に占めるアミノ酸の割合 Protein: the sum of amino acid residues | イソロイシン Ile | ロイシン Leu | (リジン) (リ) シン Lys | 含硫アミノ酸 SAA | | | 芳香族アミノ酸 AAA | | | (トスレオニン) (ン) ン Thr | トリプトファン Trp | バリン Val | ヒスチジン His | アルギニン Arg | アラニン Ala | アスパラギン酸 Asp | グルタミン酸 Glu | グリシン Gly | プロリン Pro | セリン Ser | アミノ酸合計 Total | アンモニア Ammonia | 備考 Remarks | | | | | | | | | | | | | | | | | | |
|------------------|--|------------|------------------|--|---------------|-------------|---------------------|-----------------|--------------|-------------|-----------------|-------------|-------------|-----------------------|----------------|------------|--------------|--------------|-------------|----------------|---------------|-------------|-------------|------------|-----------------|------------------|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | メチオニン Met | システイン Cys | 合計 Total | フェニルアラニン Phe | チロシン Tyr | 合計 Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | (..... g) | | | | | | | | | | | | | | | | | | | | | | | (..... mg) | | | | | | | | | | | | | | |
| 10295 | さざえ Turban shell 生 Raw | 78.0 | 19.4 | 13.8 | 620 | 1,200 | 970 | 390 | 250 | 640 | 520 | 480 | 990 | 660 | 140 | 670 | 250 | 1,600 | 1,100 | 1,600 | 2,600 | 1,700 | 810 | 680 | 16,000 | 380 | 貝殻及び内臓等を除いたもの ¹⁾ | | | | | | | | | | | | | | | | | | |
| 10297 | しじみ Freshwater clams 生 Raw | 88.3 | 5.6 | 4.4 | 250 | 380 | 400 | 150 | 80 | 230 | 230 | 180 | 420 | 310 | 75 | 300 | 120 | 320 | 440 | 500 | 680 | 290 | 270 | 200 | 5,200 | 120 | 貝殻を除いたもの ²⁾ | | | | | | | | | | | | | | | | | | |
| 10300 | つぶ Whelks 生 Raw | 78.2 | 17.8 | 13.2 | 600 | 1,200 | 1,000 | 440 | 210 | 650 | 530 | 490 | 1,000 | 680 | 150 | 730 | 340 | 1,400 | 1,000 | 1,600 | 2,400 | 1,100 | 760 | 680 | 15,000 | 290 | ひめえぞばら、えぞばい等 むき身 ³⁾ | | | | | | | | | | | | | | | | | | |
| 10303 | とりがい Cockles 斧足、生 Foot, raw | 78.6 | 12.9 | 9.8 | 540 | 890 | 920 | 330 | 190 | 520 | 420 | 390 | 810 | 520 | 120 | 560 | 230 | 910 | 650 | 1,200 | 1,700 | 1,100 | 370 | 470 | 11,000 | 250 | むき身 ³⁾ | | | | | | | | | | | | | | | | | | |
| 10305 | ばかがい Hen clams 生 Raw | 84.6 | 10.9 | 8.3 | 440 | 700 | 730 | 230 | 160 | 390 | 340 | 350 | 690 | 420 | 100 | 420 | 180 | 750 | 810 | 980 | 1,400 | 950 | 310 | 390 | 9,700 | 240 | 別名：あおやぎ 貝殻及び内臓等を除いたもの ¹⁾ | | | | | | | | | | | | | | | | | | |
| 10306 | (はまぐり類) (Hard clams) はまぐり Hard clams 生 Raw | 88.8 | 6.1 | 4.3 | 220 | 370 | 390 | 130 | 96 | 220 | 180 | 190 | 370 | 220 | 61 | 240 | 130 | 400 | 470 | 520 | 760 | 300 | 180 | 200 | 5,100 | 100 | 貝殻を除いたもの ²⁾ | | | | | | | | | | | | | | | | | | |
| 10311 | ほたてがい Scallops 生 Raw | 82.3 | 13.5 | 9.7 | 450 | 780 | 800 | 290 | 180 | 470 | 410 | 330 | 740 | 510 | 100 | 470 | 250 | 900 | 630 | 1,100 | 1,600 | 1,700 | 360 | 480 | 11,000 | 200 | 貝殻を除いたもの ²⁾ | | | | | | | | | | | | | | | | | | |
| 10320 | <えび・かに類> <PRAWNS, SHRIMPS AND CRABS> (えび類) (Prawns and shrimps) いせえび Japanese spiny lobster 生 Raw | 76.6 | 20.9 | 17.0 | 830 | 1,500 | 1,600 | 530 | 200 | 740 | 800 | 690 | 1,500 | 720 | 180 | 860 | 430 | 2,100 | 980 | 1,900 | 2,900 | 2,200 | 710 | 740 | 20,000 | 310 | 頭部、殻及び尾部を除いたもの ⁴⁾ | | | | | | | | | | | | | | | | | | |
| 10321 | くるまえび Kuruma prawn 養殖、生 Cultured, raw | 76.1 | 21.6 | 17.8 | 770 | 1,400 | 1,600 | 530 | 220 | 750 | 770 | 650 | 1,400 | 720 | 190 | 810 | 400 | 2,000 | 1,100 | 1,900 | 3,000 | 2,600 | 1,500 | 680 | 21,000 | 310 | 「改訂 日本食品アミノ酸組成表」08-219-a くるまえび 生の収載値から算出 ⁵⁾ 。頭部、殻及び尾部を除いたもの ⁴⁾ | | | | | | | | | | | | | | | | | | |
| 10328 | しばえび Shiba shrimp 生 Raw | 79.3 | 18.7 | 15.3 | 810 | 1,400 | 1,500 | 540 | 250 | 790 | 740 | 610 | 1,400 | 670 | 200 | 810 | 360 | 1,700 | 1,000 | 1,900 | 2,800 | 1,200 | 690 | 630 | 18,000 | 450 | 頭部、殻及び尾部を除いたもの ⁴⁾ | | | | | | | | | | | | | | | | | | |
| 10333 | (かに類) (Crabs) 毛がに Horsehair crab 生 Raw | 81.9 | 15.8 | 11.9 | 580 | 990 | 1,000 | 370 | 160 | 530 | 540 | 480 | 1,000 | 600 | 130 | 620 | 320 | 1,600 | 820 | 1,300 | 1,900 | 1,100 | 810 | 560 | 14,000 | 220 | 殻及び内臓等を除いたもの ¹⁾ | | | | | | | | | | | | | | | | | | |
| 10335 | ずわいがに Tanner crab 生 Raw | 84.0 | 13.9 | 10.3 | 530 | 870 | 930 | 310 | 130 | 430 | 500 | 430 | 920 | 510 | 130 | 560 | 300 | 1,100 | 760 | 1,200 | 1,800 | 1,100 | 540 | 470 | 12,000 | 250 | 別名：まつばがに 殻及び内臓等を除いたもの ¹⁾ | | | | | | | | | | | | | | | | | | |

1) Without shell, viscera, etc. 2) Without shell 3) Meat without shell and viscera 4) Without head, shell, telson and uropods 5) Calculated from Item No. 08-219-a in the Revised edition

10 魚介類

per 100 g edible portion

| 食品番号 Item No. | 食品名 Food and description | 水 Water | たんばく質 Protein | たんばく質 Protein | イソロイシン Ile | ロイシン Leu | (リジン) (Lys) | 含硫アミノ酸 SAA | | | 芳香族アミノ酸 AAA | | | (トスレオニン) (Thr) | トリプトファン Trp | バリン Val | ヒスチジン His | アルギニン Arg | アラニン Ala | アスパラギン酸 Asp | グルタミン酸 Glu | グリシン Gly | プロリン Pro | セリン Ser | アミノ酸合計 Total | アンモニア Ammonia | 備考 Remarks | | | | | | | | | | | | | | | | | | | | |
|------------------------------------|---|------------|------------------|------------------|---------------|-------------|-------------|-----------------|--------------|-------------|-----------------|-------------|-------------|----------------|----------------|------------|--------------|--------------|-------------|----------------|---------------|-------------|-------------|------------|-----------------|------------------|--|--|--|--|--|------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| | | | | | | | | メチオニン Met | システイン Cys | 合計 Total | フェニルアラニン Phe | チロシン Tyr | 合計 Total | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| | | | | | | | | (..... g) | | | | | | | | | | | | | | | | | | | | | | | | (..... mg) | | | | | | | | | | | | | | | |
| <いか・たこ類> <CEPHALOPODS> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| (いか類) (Squids and cuttlefishes) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10344 | こういか Cuttlefish | 83.4 | 14.9 | 10.4 | 530 | 1,000 | 1,000 | 350 | 140 | 490 | 460 | 410 | 870 | 540 | 120 | 490 | 270 | 970 | 680 | 1,300 | 1,900 | 580 | 670 | 570 | 12,000 | 190 | 別名：すみいか、まいか 頭部、内臓、骨、足及び皮を除いたもの ¹⁾ ヒドロキシプロリン ²⁾ 90 mg | | | | | | | | | | | | | | | | | | | | |
| 10348 | ほたるいか Firefly squids | 83.0 | 11.8 | 7.6 | 460 | 700 | 700 | 330 | 210 | 530 | 410 | 370 | 780 | 400 | 120 | 490 | 250 | 600 | 490 | 910 | 1,100 | 480 | 460 | 360 | 8,800 | 190 | 内臓等を含んだもの ³⁾ | | | | | | | | | | | | | | | | | | | | |
| 10352 | やりいか Spear squid | 79.7 | 17.6 | 12.8 | 620 | 1,100 | 1,200 | 420 | 180 | 590 | 560 | 480 | 1,000 | 650 | 140 | 610 | 310 | 1,200 | 940 | 1,500 | 2,200 | 970 | 1,200 | 630 | 15,000 | 240 | 頭部、内臓及び骨を除いたもの ⁴⁾ ヒドロキシプロリン ²⁾ 130 mg | | | | | | | | | | | | | | | | | | | | |
| (たこ類) (Octopuses) | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10361 | まだこ Common octopus | 81.1 | 16.4 | 11.3 | 600 | 1,000 | 980 | 300 | 140 | 440 | 480 | 440 | 920 | 640 | 120 | 590 | 310 | 1,100 | 740 | 1,400 | 2,100 | 930 | 600 | 660 | 13,000 | 230 | 内臓等を除いたもの ⁵⁾ | | | | | | | | | | | | | | | | | | | | |
| <その他> <OTHERS> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10365 | うに Sea urchin | 73.8 | 16.0 | 11.5 | 610 | 920 | 950 | 360 | 260 | 620 | 530 | 560 | 1,100 | 630 | 200 | 750 | 310 | 960 | 770 | 1,200 | 1,500 | 2,000 | 480 | 580 | 14,000 | 310 | 生殖巣のみ ⁶⁾ | | | | | | | | | | | | | | | | | | | | |
| 10368 | おきあみ Antarctic krills | 78.5 | 15.0 | 10.0 | 610 | 930 | 1,000 | 320 | 170 | 490 | 540 | 400 | 940 | 540 | 140 | 660 | 290 | 670 | 770 | 1,100 | 1,600 | 790 | 660 | 400 | 12,000 | 340 | なんきよくおきあみ 冷凍品(殻つき) ⁷⁾ 。剰余アンモニア ⁸⁾ 9.5 mg | | | | | | | | | | | | | | | | | | | | |
| 10371 | しゃこ Mantis shrimp | 77.2 | 19.2 | 15.0 | 860 | 1,400 | 1,500 | 460 | 220 | 680 | 720 | 650 | 1,400 | 740 | 220 | 920 | 470 | 1,500 | 860 | 1,800 | 2,500 | 1,100 | 770 | 680 | 17,000 | 430 | 尾部を除いたもの ⁹⁾ | | | | | | | | | | | | | | | | | | | | |
| 10372 | なまこ Sea cucumber | 92.2 | 4.6 | 3.5 | 140 | 190 | 140 | 60 | 50 | 110 | 120 | 100 | 230 | 210 | 34 | 170 | 48 | 320 | 290 | 430 | 600 | 690 | 340 | 190 | 4,200 | 95 | 内臓等を除いたもの ⁵⁾ | | | | | | | | | | | | | | | | | | | | |
| <水産練り製品> <FISH PASTE PRODUCTS> | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 10379 | 蒸しかまぼこ Mushi-kamaboko ¹⁰⁾ | 74.4 | 12.0 | 10.9 | 630 | 1,000 | 1,200 | 360 | 180 | 540 | 460 | 430 | 890 | 550 | 140 | 660 | 260 | 790 | 720 | 1,300 | 2,700 | 460 | 380 | 470 | 13,000 | 190 | 魚肉(ぐち等)、卵白、砂糖、食塩、みりん等を原料とするもの ¹¹⁾ 。蒸し焼きかまぼこを含む ¹²⁾ | | | | | | | | | | | | | | | | | | | | |
| 10388 | 魚肉ソーセージ Fish sausage | 66.1 | 11.5 | 10.1 | 550 | 920 | 940 | 300 | 170 | 470 | 450 | 350 | 800 | 460 | 120 | 590 | 250 | 710 | 650 | 1,100 | 2,500 | 590 | 600 | 460 | 12,000 | 220 | 別名：フィッシュソーセージ 魚肉(たら等)、結着材料、ラード、食塩、砂糖等を原料とするもの ¹³⁾ | | | | | | | | | | | | | | | | | | | | |

1) Without head, viscera, cuttlebone (internal shell), arms, tentacles and skin 2) Hydroxyproline 3) With viscera, etc. 4) Without head, viscera and gladius (internal shell) 5) Without viscera, etc. 6) Gonads 7) Frozen product with shell 8) Ammonia derived from non-proteinous compounds 9) Without telson and uropods
10) Steamed kamaboko 11) Made from fish meat (croaker, etc.), the white of an egg, sugar, salt, Mirin, etc. 12) Including baked product after steaming 13) Made from fish meat (cod, etc.), liaison, lard, salt, sugar, etc.