

Table with columns for Item No., Food and description, Total Fat (mg), Saturated Fat (mg), Monounsaturated Fat (mg), Polyunsaturated Fat (mg), and detailed fatty acid profiles (C4 to C26). Rows include various confectionery items like Kasutera, Sponge cake, Pie pastry, Custard pudding, Wafers, Crackers, Biscuits, Pretzels, Corn snack, Potato chips, Candies, and Chocolates. Includes remarks like '長崎カステラ' and 'ハードタイプ'.