## ICRP勧告 (ICRP Pub.82 より抜粋)

Concept	Quantity	Value(mSv)
Generic references level for interventions almost always justifiable	Existing annual dose	<~100
Generic references level for interventions not likely to be justifiable	Existing annual dose	<~10
Exemption from intervention in commodities	Additional annual dose	~ 1
Dose limit for practices	[Aggregated] Additional annual dose	1
Dose constraint for practices	Additional annual dose (for the prolonged component) <sup>a</sup>	< ~ 1& ~ 0.3 ( ~ 0.1)
Exemption for practices	Additional annual dose	~ 0.01

<sup>&</sup>lt;sup>a</sup> To be considered if dose assessment methodologies to ensure compliance under any conceivable Situation of combination of doses is not available.

## 自然線源からの平均被ば〈線量 (UNSCEAR 2000年報告書より抜粋)

Source	Worldwide average annual effective dose (mSv)	Typical range(mSv)
External exposure		
Cosmic rays	0.4	0.3 - 1.0
Terrestrial gamma r	rays 0.5	0.3 - 0.6
Internal exposure		
Inhalation (mainly ra	adon) 1.2	0.2 - 10
Ingestion	0.5	0.2 - 0.8
Total	2.4	1 - 10