

ICRP勧告 (ICRP Pub.82 より抜粋)

Concept	Quantity	Value(mSv)
Generic references level for interventions almost always justifiable	Existing annual dose	< ~ 100
Generic references level for interventions not likely to be justifiable	Existing annual dose	< ~ 10
Exemption from intervention in commodities	Additional annual dose	~ 1
Dose limit for practices	[Aggregated] Additional annual dose	1
Dose constraint for practices	Additional annual dose (for the prolonged component) ^a	< ~ 1 & ~ 0.3 (~ 0.1)
Exemption for practices	Additional annual dose	~ 0.01

^a To be considered if dose assessment methodologies to ensure compliance under any conceivable Situation of combination of doses is not available.

自然線源からの平均被ばく線量
(UNSCEAR 2000年報告書 より抜粋)

Source	Worldwide average annual effective dose (mSv)	Typical range(mSv)
External exposure		
Cosmic rays	0.4	0.3 - 1.0
Terrestrial gamma rays	0.5	0.3 - 0.6
Internal exposure		
Inhalation (mainly radon)	1.2	0.2 - 10
Ingestion	0.3	0.2 - 0.8
Total	2.4	1 - 10