



LESSON 8

Appreciating Art

Interactions 例文 フラッシュカード

① He practices daily **to improve** his drawing skills.

① 彼はデッサンの技術を向上させるために毎日練習しています。





LESSON 8

Appreciating Art

Vocabulary

- art gallery
- artwork[work of art]
- sculpture
- audience
- abstract art
- potter / pottery
- studio
- technical knowledge
- acquire skills
- appreciate art
- remind ... of~
- masterpiece
- be inspired by
- gain knowledge of
- attend a workshop
- make an impression on





LESSON 8

Appreciating Art

Vocabulary

art gallery

美術館, ギャラリー





LESSON 9

Happiness and Stress

Start-Up

When my grandfather passed away last year, my parents were worried about my grandmother. Social isolation is a problem for many of Japan's senior citizens who live alone. However, my grandmother wants to remain independent. In order to stay connected with the community, she started to volunteer at a local elementary school and read to the children. Because she was concerned about having an accident, she gave up her driver's license and she cannot drive now. Fortunately, her town has a special taxi service so that elderly residents can get around. I am proud of my grandmother, and I hope she can continue to live independently and happily for many years.



Listening TASK

1 ① ② ③ 2 ① ② ③





LESSON 9

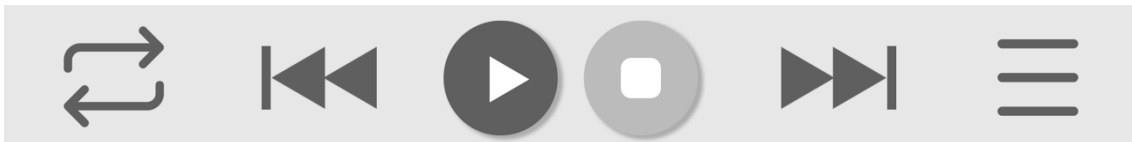
Happiness and Stress

Interactions 例文

- ① I feel happy **when** I am eating sweets.
- ② I was frustrated **because** I made the same mistake twice.
- ③ She will be excited **if** she gets a ticket to the concert.
- ④ **Although** I was tired, I felt refreshed after taking a bath.
- ⑤ **Even if** I lose a match, I will not be discouraged.
- ⑥ I try to get enough sleep **so that** I can stay

healthy.

⑦ Her speech was **so** moving **that** some people began to cry.





LESSON 9

Happiness and Stress

Interactions 例文 フラッシュカード

① I feel happy **when** I am eating
sweets.

① 私は甘いものを食べているとき、
幸せを感じます。





LESSON 9

Happiness and Stress

Vocabulary

- be satisfied with
- reduce stress
- get stressed out
- spend time with
- wealth and fame
- family ties
- social isolation
- close relationship
- feel relaxed
- free from anxiety
- be concerned about
- independently
- clear one's mind
- be frustrated with[at]
- be worried[anxious] about
- mentally / physically





LESSON 9

Happiness and Stress

Vocabulary

be
satisfied
with

～に満足している





Presentation

プレゼンを試みよう！

プレゼン原稿

Hello, everyone. Today, I'd like to talk about the self-esteem of young Japanese people. Self-esteem means how you feel about yourself. To begin with, please take a look at this graph. It shows how young people aged 13 to 29 in five different countries answered the question, "Are you satisfied with yourself?" The five countries were Japan, the U.S., Germany, France, and Sweden. Now, let me tell you two important things about this graph. First, as you can see, the percentage of people who answered "no" in Japan was much higher than in the other countries. Second, the percentage of people who answered "yes" in Japan was as low as 57% while it was higher than 70% in the other countries. This clearly shows that the younger generation in Japan has low self-esteem. What I want to point out here is that we need to consider the different ways that young Japanese people see themselves when we compare them with young people from other countries. In conclusion, I'd like to say that knowing this information will help you to understand Japan's younger generation better. Thank you for your attention.





LESSON 10

Comparing Countries

Start-Up

Do you know how much green space there is in Tokyo? Compared to other world capitals, Tokyo has one of the lowest proportions at 21.4%. It is the third lowest, after Santiago and Mexico City. The city with the highest proportion is Washington, D.C., with 66.7%, more than three times as much as Tokyo. Per person, Tokyo offers 33 m² of green space, while Washington, D.C. provides 313 m²— more than nine times as much as Tokyo! Green space improves public health, social connections, and air quality. Therefore, new and creative solutions are needed to increase green space in densely populated cities.



Listening TASK

1 ① ② ③ 2 ① ② ③





LESSON 10

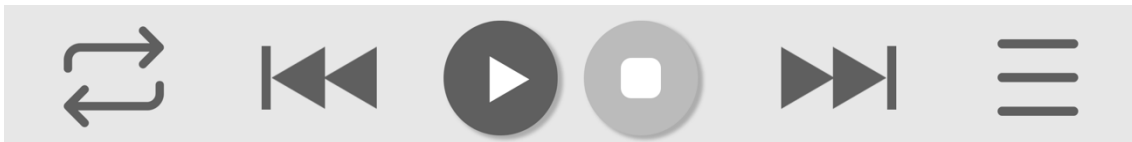
Comparing Countries

Interactions 例文

- ① Germany is almost **as large as** Japan.
- ② The Nile is about **twice as long as** the Indus.
- ③ Data shows that women live **longer than** men in most countries.
- ④ The birthrate in Japan is **much lower than** that in Nigeria.
- ⑤ The Eurostar is **one of the fastest** trains in the world.
- ⑥ Paris has **more** tourists **than any other** city in

Europe.

⑦ **No other** prefecture in Japan has **as many** shrines **as** Niigata.





LESSON 10

Comparing Countries

Interactions 例文 フラッシュカード

① Germany is almost **as large as**
Japan.

① ドイツは日本とほぼ同じくらいの
大きさです。



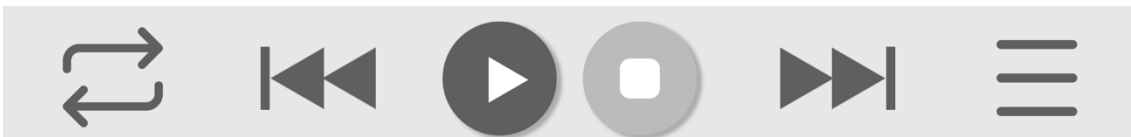


LESSON 10

Comparing Countries

Vocabulary

- average
- capital city
- high proportion
- low proportion
- contrast
- refer to
- available
- free Wi-Fi
- approximately
- tourism revenue
- international tourist
- the safest countries
- densely populated
- cashless payment
- million / billion
- compare ... with[to]~





LESSON 10

Comparing Countries

Vocabulary

average

平均, 平均の





LESSON 11

Innovation and Imagination

Start-Up

Over the past twenty years, the number of farmers in Japan has dropped by 56%. If people had taken action earlier, maybe this wouldn't have happened. Now we need to do something about it. One potential solution is artificial intelligence (AI). By using AI, we can change agriculture, making food production more efficient and sustainable. If all Japanese farmers adopted AI, food loss in Japan could be greatly reduced because AI would plan crops carefully and then reduce waste. Moreover, AI could provide invaluable knowledge and farming skills to future generations. So, what do you think? Is that just a dream or a possible solution?



Listening TASK

1 ① ② ③ 2 ① ② ③





LESSON 11

Innovation and Imagination

Interactions 例文

- ① If robots **cooked** meals, it **would save** us a lot of time.
- ② If time travel **were** possible, I **would visit** the future.
- ③ If I **had** a flying car, I **could travel** much faster.
- ④ If radio **had existed** in the 19th century, news **would have spread** much more quickly.
- ⑤ I **wish** I **could visit** space in a personal rocket.
- ⑥ **It's time** you **replaced** that old computer.

⑦ **Without** the internet, we **couldn't access** information easily.





LESSON 11

Innovation and Imagination

Interactions 例文 フラッシュカード

① If robots **cooked** meals, it **would**
save us a lot of time.

① もしロボットが食事を作ってくれ
たら、時間の節約になるでしょう。





LESSON 11

Innovation and Imagination

Vocabulary

- agriculture / farming
- make progress in
- potential
- distribution system
- artificial intelligence
- generative AI
- pet robot
- camera drone
- source of energy
- food production
- modern life
- efficient
- access information
- generate clean energy
- take online lessons
- in the Taisho period[era]





LESSON 11

Innovation and Imagination

Vocabulary

agriculture /
farming

農業





LESSON 12

Introducing Japan

Start-Up

Many visitors from abroad say that Japan seems like a wonderful place to live. Most of my friends who visit Japan tell me that the punctual trains are amazing. They always arrive and leave on time, which makes traveling easy and stress-free. Another great point is Japan's safety. It is often said that Japan is one of the safest countries in the world. For example, if someone loses a wallet, it will most likely be returned. It seems that people here are honest and really want to help one another. I think that this way of thinking helps create a responsible and respectful society.



Listening TASK

1 ① ② ③ 2 ① ② ③





LESSON 12

Introducing Japan

Interactions 例文

- ① We **suggested that** Tim **try** sukiyaki during his stay in Japan.
- ② It's **important** that we **preserve** our culture.
- ③ It **seemed** that Harry **was** happy with the Japanese inn.
- ④ I **thought** Lisa **had eaten** sushi before, but it was her first time.
- ⑤ Jack **said** to me, “I **want** to go to the anime fair with *you*.”

⑥ Jack **told me that** *he wanted* to go to the anime fair with *me*.





LESSON 12

Introducing Japan

Interactions 例文 フラッシュカード

① We **suggested that** Tim **try** sukiyaki during his stay in Japan.

① 私たちは、ティムが日本滞在中にすき焼きを食べてみることを提案しました。





LESSON 12

Introducing Japan

Vocabulary

- preserve culture
- wear a kimono
- visit hot springs
- suggest
- recommend
- skip breakfast
- punctual
- punctually
- attractive feature
- martial arts
- foot bath
- public bath
- pass down ... to
- pop[popular] culture
- Japanese folktale
- traditional event





LESSON 12

Introducing Japan

Vocabulary

preserve
culture

文化を保存する





Debate

ディベートをしてみよう！

肯定側立論

Our team is for the proposition. There are two reasons.

First, AI translation has advanced significantly and is now accurate enough for both casual and formal situations. For example, it can be used when traveling or even for business presentations.

Second, learning a foreign language takes a lot of time. People could use that time doing other meaningful activities, such as exploring their interests and developing other skills.

Therefore, we strongly believe that with AI translation, learning foreign languages is no longer necessary.

否定側立論

Our team is against the proposition. There are two reasons.

First, learning a language helps people understand different cultures. This is important because in a global society, it is essential to communicate with people from different backgrounds.

Second, AI translation is not perfect. Without basic language knowledge, people may not recognize errors in AI translations. This could cause

misunderstandings and serious problems.

For these reasons, we strongly believe that learning a foreign language is still necessary.

否定側反論

The affirmative side said that AI translation is accurate enough, and that the time used learning a language would be used developing other skills, but we don't think those things are true.

The accuracy of AI translation is limited. It often fails in simple conversations, let alone in complex communication situations. Also, language learning helps develop many skills, such as memory, critical thinking, and problem-solving. These are essential throughout your life. Therefore, learning foreign languages is vital, especially for students.

肯定側反論

The negative side said that it's important to learn foreign languages to understand different cultures. They also claim that AI translation is not accurate. However, we don't believe that is the case.

Cultural understanding can be gained much more easily through other methods, such as movies, books, and travel. Moreover, technology is rapidly advancing, and AI translation is becoming more and more

accurate. In fact, it's often more reliable than professional human translation.

So, we believe that this technology makes language learning unnecessary.

肯定側まとめ

Our main point is that with AI translation, learning foreign languages is no longer necessary.

The other team mentioned AI translation's inaccuracy, but it often performs better than humans. They also said language learning improves cultural understanding, but there are more efficient ways to learn about cultures. AI translation is quick, allowing more time for other activities.

Therefore, we conclude that with AI translation, there is no need to waste time learning a foreign language.

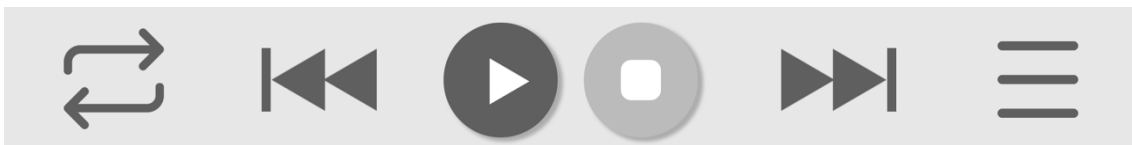
否定側まとめ

We have argued that learning foreign languages is still both necessary and important, even with AI translation.

The other team noted AI translation is improving, but it still has limits, and translation errors can lead to serious problems. Learning a language

not only enhances life skills but also provides a deeper understanding of other cultures beyond books. Also, language knowledge helps avoid issues caused by AI errors.

To sum up, our team firmly believes that AI translation's convenience does not eliminate the need for language learning.





LESSON 13

Population Issues

Start-Up

Japan is currently faced with the problem of a falling birthrate. If this situation continues, the country will soon have serious issues. There will be many companies that won't be able to find enough workers, and so it will be difficult for them to do business. As a result, the government won't be able to collect enough tax, and Japan will face serious economic consequences. In my opinion, the government should encourage more people from other countries to come here to work and raise families. It would probably take many years, but Japan's population would eventually begin to increase again.



Listening TASK

1 ① ② ③ 2 ① ② ③





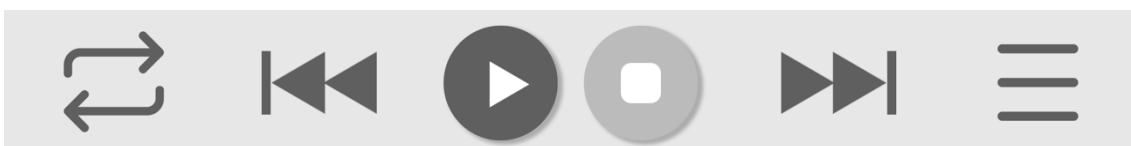
LESSON 13

Population Issues

Interactions 例文

- ① **There are** more than eight billion people in the world.
- ② Our town **has** many vacant houses due to population decline.
- ③ The aging population **has become** more serious in rural areas.
- ④ Japan's population **began to decline** in 2008.
- ⑤ They **came to realize** the importance of community support.

- ⑥ It **takes** an hour for her to *commute* to work.
- ⑦ It **costs** a lot of money to *support* a family.





LESSON 13

Population Issues

Interactions 例文 フラッシュカード

① **There are** more than eight billion people in the world.

① 世界には 80 億人を超える人々がいます。





LESSON 13

Population Issues

Vocabulary

- declining birthrate
- aging society
- vacant house
- burden on
- childcare leave
- nursery (school)
- childcare center
- raise a family
- labor shortage
- working population
- financial support
- increase
- birthrate / fertility rate
- the number of births
- commute to work[school]
- decline / decrease





LESSON 13

Population Issues

Vocabulary

declining
birthrate

少子化





LESSON 14

Diversity and Inclusion

Start-Up

Traditional gender roles often prevent women from taking leadership positions in Japan. As girls grow up, they mostly see men leading organizations, and it can be discouraging. For women to reach their full potential, they should be more involved in decision-making at every level of education, government, and business. For example, managers should let female staff share their ideas more often and have them take on more responsibilities. Having a diverse range of voices in meetings often leads to more effective strategies. Equal opportunity helps create a more inclusive society and a better future for everyone.



Listening TASK

1 ① ② ③ 2 ① ② ③





LESSON 14

Diversity and Inclusion

Interactions 例文

- ① Ms. Smith **had** *her students* **discuss** human rights.
- ② The leader **let** *all members* **share** their opinions freely.
- ③ We **allow** *everyone to participate*, regardless of their background.
- ④ I'm going to **have** *this document* **translated** into English.
- ⑤ Many companies **have** *their staff* **working** from home.
- ⑥ We **heard** *children* **singing** in the distance.

⑦ I **watched** *my friends* **perform** traditional dances.





LESSON 14

Diversity and Inclusion

Interactions 例文 フラッシュカード

① Ms. Smith **had** *her students*
discuss human rights.

① スミス先生は生徒たちに人権に
ついて議論させました。





LESSON 14

Diversity and Inclusion

Vocabulary

- various / varied
- barrier-free
- regardless of
- respect others
- gender equality
- racial equality
- discrimination
- male and female
- equal opportunity
- basic human rights
- prejudice against
- decision-making
- inclusive society
- with different backgrounds
- traditional gender role
- violate someone's rights





LESSON 14

Diversity and Inclusion

Vocabulary

various /
varied

さまざまな, 異なる





LESSON 15

Sustainability in Action

Start-Up

Many people around the world have recently started upcycling, which enables them to contribute to today's shift toward sustainability. However, craftspeople in Japan have been doing this for centuries. *Kintsugi*, for instance, is a technique using *urushi* lacquer and gold powder to repair broken pottery. It makes each piece not only reusable but often more beautiful than the original. Traditionally, *kintsugi* was supposed to be a specialized skill, but now it is widely taught to many people. Hopefully, such efforts will help people keep the tradition alive and inspire change toward a more sustainable society.



Listening TASK

1 ① ② ③ 2 ① ② ③





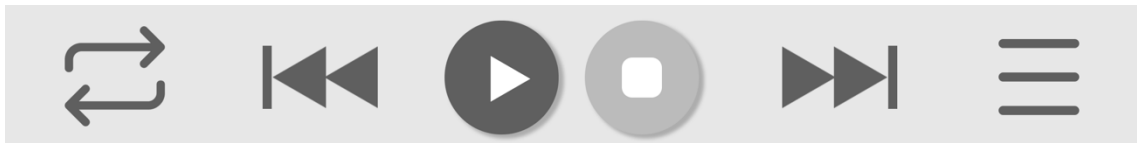
LESSON 15

Sustainability in Action

Interactions 例文

- ① The speech **made** many people **think** about environmental issues.
- ② Sustainable choices will **help** us **save** the earth.
- ③ Car sharing **enables** us *to drive* without owning a car.
- ④ The high cost of electric cars **prevents** many people *from buying* them.
- ⑤ Citizens **are supposed to** separate trash for recycling.

⑥ Factories **are required to** reduce carbon emissions.





LESSON 15

Sustainability in Action

Interactions 例文 フラッシュカード

① The speech **made** many people
think about environmental issues.

① そのスピーチは多くの人々に環境
問題について考えさせました。





LESSON 15

Sustainability in Action

Vocabulary

- sustainable
- valuable
- the planet[earth]
- natural resources
- environmental issue
- waste of resources
- carbon emissions
- food waste
- leftover
- reduce waste
- save the earth
- throw away
- alternative energy
- make a difference
- save energy
- reusable material





LESSON 15

Sustainability in Action

Vocabulary

sustainable

持続可能な





Discussion

ディスカッションをしてみよう！

ディスカッション例

Moderator: Okay. Let's get started. Today's topic is "What should we do for the event promoting gender equality?" Would anyone like to start with a suggestion? ... Yes, Aki.

Aki: I think we should do a play about gender equality because that's a good way to attract many people. We can show both good and bad examples.

Moderator: Do you mean you want to educate the audience through a play?

Aki: Exactly.

Bob: Aki, I see your point, but we don't have time to write and practice a play. I think it might be a good idea to do a presentation using videos. That way, people can understand the topic more easily. Moreover, it won't cost a lot.

Moderator: Okay, so your point is that giving a presentation can save time and money. How about you, Chris?

Chris: Well, in my opinion, a presentation would not be unique. Instead, why don't we arrange to have a guest speaker? If we invite a famous

person to speak, many people will attend the event. Local newspapers might also write about our event.

Moderator: Okay, we are running out of time. We have three suggestions so far: a play, a presentation, and a guest speaker. If there are no more ideas, shall we take a vote?

