児　童　・　生　徒　の　体　格　（２－２）

Physical Development of Students

女 〈Female〉　　(Average)

		幼稚園 Kindergarten	小学校 Elementary school						中学校 Lower secondary school			高等学校 Upper secondary school			
	年齢 Age	5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳	
身長（cm）															Height (cm)
	昭和30年	104.9	109.3	114.6	119.4	124.5	129.5	134.9	141.0	145.7	148.9	151.7	152.6	153.2	1955
	35	106.2	110.6	115.9	121.1	126.3	132.0	138.1	144.0	148.1	150.7	152.7	153.3	153.7	60
	40	107.7	112.5	117.8	123.0	128.4	134.1	140.4	146.3	150.3	152.5	154.0	154.6	154.8	65
	45	108.5	113.6	119.3	124.6	130.1	136.2	142.9	148.4	152.1	154.2	155.1	155.4	155.6	70
	50	109.0	114.4	120.1	125.5	131.6	137.6	144.2	149.6	153.2	155.0	155.7	156.2	156.3	75
	55	109.4	114.9	120.6	126.2	131.9	138.3	144.9	150.6	154.0	156.0	156.6	156.9	157.0	80
	60	109.8	115.7	121.4	126.9	132.6	138.8	145.5	150.9	154.4	156.3	157.0	157.4	157.6	85
	平成 2	110.1	116.0	121.8	127.4	133.1	139.5	146.3	151.5	154.7	156.4	157.2	157.6	157.9	90
	7	110.1	116.0	121.8	127.6	133.5	140.2	146.7	151.9	155.1	156.7	157.3	157.8	158.0	95
	12	109.9	115.8	121.7	127.5	133.5	140.3	147.1	152.1	155.1	156.8	157.3	157.7	158.1	2000
	17	109.9	115.8	121.7	127.5	133.5	140.1	146.9	152.0	155.2	156.8	157.3	157.8	158.0	05
	22	109.8	115.8	121.7	127.4	133.5	140.2	146.8	151.9	155.0	156.5	157.1	157.7	158.0	10
	23	109.5	115.6	121.6	127.4	133.5	140.2	146.7	151.9	155.0	156.6	157.1	157.6	158.0	11
	24	**109.5**	**115.6**	**121.6**	**127.4**	**133.4**	**140.1**	**146.7**	**151.9**	**155.0**	**156.5**	**157.2**	**157.6**	**158.0**	**12**
体重（kg）															Weight (kg)
	昭和30年	16.9	18.1	20.0	22.1	24.5	27.1	30.5	34.9	39.4	43.2	46.8	48.7	49.8	1955
	35	17.2	18.5	20.5	22.7	25.2	28.2	32.3	36.9	41.5	45.3	48.1	49.6	50.4	60
	40	17.7	19.1	21.2	23.5	26.2	29.4	33.7	38.6	43.2	46.5	48.9	50.5	51.2	65
	45	18.0	19.5	21.8	24.4	27.2	31.0	35.7	40.6	44.9	48.3	50.5	51.7	52.1	70
	50	18.3	20.1	22.4	25.0	28.3	32.0	36.6	41.6	45.8	48.8	50.7	51.9	52.2	75
	55	18.5	20.3	22.6	25.5	28.5	32.6	37.3	42.6	46.5	49.6	51.4	52.2	52.1	80
	60	18.7	20.7	23.2	26.0	29.2	33.1	37.8	42.9	46.8	49.8	51.9	52.7	52.8	85
	平成 2	19.0	21.1	23.6	26.6	29.9	34.0	38.9	43.9	47.5	50.2	52.1	52.6	52.8	90
	7	19.0	21.3	23.9	27.0	30.5	34.6	39.6	44.6	48.0	50.5	52.3	53.2	53.3	95
	12	18.8	21.3	23.8	27.0	30.7	34.9	40.1	45.0	48.3	50.7	52.1	53.0	53.1	2000
	17	18.7	21.1	23.6	26.8	30.2	34.4	39.5	44.4	48.0	50.8	52.4	53.3	53.7	05
	22	18.6	21.0	23.5	26.5	30.0	34.1	39.0	43.8	47.3	50.0	51.6	52.7	52.9	10
	23	18.5	20.8	23.4	26.4	29.8	34.0	38.8	43.6	47.1	49.9	51.4	52.4	52.8	11
	24	**18.5**	**20.9**	**23.5**	**26.3**	**29.9**	**34.0**	**38.9**	**43.7**	**47.4**	**49.9**	**51.6**	**52.5**	**52.9**	**12**
座高（cm）															Sitting height (cm)
	昭和30年	60.1	62.3	64.8	67.1	69.4	71.6	74.1	77.4	80.0	82.0	83.7	84.2	84.3	1955
	35	60.6	62.8	65.3	67.8	70.2	72.8	75.9	79.1	81.5	83.2	84.4	84.7	84.9	60
	40	61.1	63.6	66.1	68.6	71.0	73.7	76.8	80.2	82.6	84.0	84.8	85.1	85.1	65
	45	61.4	63.8	66.5	69.0	71.5	74.4	77.7	80.8	83.0	84.4	84.9	85.0	85.1	70
	50	61.6	64.0	66.7	69.2	71.8	74.7	77.9	81.2	83.1	84.2	84.9	85.1	85.0	75
	55	61.8	64.4	66.9	69.5	71.9	74.9	78.2	81.5	83.3	84.4	84.9	85.0	85.0	80
	60	62.1	64.7	67.4	69.8	72.3	75.2	78.5	81.6	83.4	84.5	85.1	85.2	85.1	85
	平成 2	62.1	64.9	67.5	70.0	72.6	75.6	79.0	81.9	83.6	84.6	85.2	85.3	85.3	90
	7	61.9	64.7	67.5	70.1	72.9	76.0	79.3	82.2	83.8	84.6	85.1	85.2	85.3	95
	12	61.7	64.6	67.4	70.1	72.9	76.1	79.5	82.3	83.8	84.7	85.1	85.3	85.4	2000
	17	61.5	64.5	67.3	70.0	72.8	75.9	79.3	82.2	83.8	84.9	85.3	85.6	85.6	05
	22	61.5	64.5	67.3	70.0	72.7	75.9	79.2	82.1	83.8	84.8	85.3	85.6	85.8	10
	23	61.4	64.4	67.2	69.9	72.7	75.9	79.2	82.1	83.9	84.9	85.4	85.6	85.8	11
	24	**61.4**	**64.4**	**67.3**	**69.9**	**72.6**	**75.8**	**79.2**	**82.2**	**83.9**	**84.9**	**85.4**	**85.7**	**85.8**	**12**