

児 童 ・ 生 徒 の 体 格 (2-1)

Physical Development of Students

男 <Male>		Physical Development of Students													(Average)	
		幼稚園	小 学 校						中 学 校			高 等 学 校				
		Kindergarten	Elementary school						Lower secondary school			Upper secondary school				
年齢 Age		5歳	6歳	7歳	8歳	9歳	10歳	11歳	12歳	13歳	14歳	15歳	16歳	17歳		
身長 (cm)	昭 和 30 年 35 40 45 50 55 60 平 成 2 7 12 17 22 23 24	106.0	110.3	115.6	120.3	125.1	129.6	133.9	139.2	145.3	151.7	158.5	161.6	163.4	Height (cm)	1955
		107.4	111.7	117.0	121.9	126.8	131.6	136.2	141.9	148.1	155.1	161.2	163.6	165.0	60	
		108.7	113.3	118.8	124.0	128.8	133.6	138.5	144.7	151.7	158.3	163.6	165.7	166.8	65	
		109.6	114.5	120.2	125.5	130.4	135.3	140.5	147.1	154.0	160.5	164.3	166.6	167.8	70	
		109.7	115.1	120.9	126.0	131.6	136.4	142.0	148.6	156.1	162.2	166.1	167.9	168.8	75	
		110.3	115.8	121.4	126.9	132.0	137.3	142.9	149.8	156.9	163.6	167.0	168.9	169.7	80	
		110.6	116.4	122.1	127.5	132.6	137.7	143.2	150.0	157.7	163.8	167.5	169.2	170.2	85	
		110.9	116.8	122.5	128.1	133.2	138.6	144.4	151.4	158.8	164.5	167.9	169.5	170.4	90	
		111.0	116.8	122.5	128.1	133.4	138.9	144.9	152.0	159.6	165.1	168.5	170.0	170.8	95	
		110.7	116.7	122.5	128.1	133.6	139.1	145.3	152.9	160.0	165.5	168.6	170.1	170.8	2000	
		110.7	116.6	122.5	128.2	133.6	139.0	145.1	152.5	159.9	165.4	168.4	170.0	170.8	05	
		110.7	116.7	122.5	128.2	133.5	138.8	145.0	152.4	159.7	165.1	168.2	169.9	170.7	10	
		110.5	116.6	122.6	128.2	133.5	138.8	145.0	152.3	159.6	165.1	168.3	169.9	170.7	11	
		110.5	116.5	122.4	128.2	133.6	138.9	145.0	152.4	159.5	165.1	168.4	169.8	170.7	12	
体 重 (kg)	昭 和 30 年 35 40 45 50 55 60 平 成 2 7 12 17 22 23 24	17.4	18.7	20.6	22.7	25.0	27.3	29.7	33.2	37.6	42.7	48.8	52.2	54.5	Weight (kg)	1955
		17.7	19.1	21.0	23.2	25.5	28.0	30.7	34.6	39.3	45.3	51.0	54.1	56.1	60	
		18.2	19.6	21.8	24.1	26.5	29.2	32.2	36.6	42.0	47.1	52.8	55.6	57.5	65	
		18.5	20.1	22.4	25.0	27.6	30.5	33.8	38.5	43.7	49.6	53.7	56.7	58.7	70	
		18.7	20.5	22.9	25.4	28.5	31.5	35.2	40.0	45.6	51.0	55.4	57.8	59.2	75	
		19.0	20.8	23.2	26.0	28.9	32.4	36.2	41.4	46.7	52.4	56.9	59.2	60.6	80	
		19.1	21.2	23.7	26.5	29.5	32.8	36.5	41.8	47.4	53.0	57.9	60.0	61.5	85	
		19.3	21.5	24.0	27.2	30.3	33.9	38.0	43.5	49.0	54.2	59.0	60.7	62.0	90	
		19.4	21.7	24.4	27.6	30.8	34.5	38.6	44.1	49.8	54.7	59.8	61.7	63.0	95	
		19.2	21.8	24.4	27.7	31.2	35.1	39.4	45.4	50.4	55.4	59.7	61.2	62.6	2000	
		19.1	21.6	24.3	27.4	30.9	34.7	39.1	44.9	50.1	55.3	60.3	62.2	63.8	05	
		19.0	21.4	24.0	27.2	30.5	34.1	38.4	44.1	49.2	54.4	59.5	61.5	63.1	10	
		18.9	21.3	24.0	27.0	30.3	33.8	38.0	43.8	49.0	54.2	59.4	61.3	63.1	11	
		18.9	21.3	24.0	27.1	30.5	34.0	38.2	44.0	49.0	54.2	59.2	61.1	62.9	12	
座 高 (cm)	昭 和 30 年 35 40 45 50 55 60 平 成 2 7 12 17 22 23 24	60.6	62.8	65.2	67.4	69.5	71.4	73.2	75.7	78.7	82.0	86.0	87.9	89.0	Sitting height (cm)	1955
		61.2	63.3	65.8	68.2	70.3	72.4	74.3	77.0	80.0	83.8	87.3	88.9	89.8	60	
		61.8	64.1	66.6	69.0	71.1	73.1	75.3	78.3	81.7	85.2	88.2	89.3	90.0	65	
		62.0	64.4	67.0	69.4	71.8	73.7	75.9	79.0	82.4	85.8	88.4	89.6	90.2	70	
		62.1	64.6	67.2	69.5	71.9	74.0	76.2	79.5	83.1	86.4	88.9	89.9	90.3	75	
		62.4	64.9	67.4	69.8	72.0	74.2	76.6	79.9	83.3	86.8	89.1	90.1	90.6	80	
		62.6	65.2	67.7	70.1	72.3	74.4	76.7	79.9	83.7	87.0	89.3	90.3	90.8	85	
		62.6	65.3	67.9	70.4	72.6	74.9	77.4	80.7	84.3	87.5	89.7	90.5	91.0	90	
		62.3	65.1	67.8	70.4	72.8	75.1	77.6	81.0	84.6	87.6	89.8	90.7	91.1	95	
		62.1	65.1	67.7	70.4	72.8	75.3	77.9	81.5	85.0	88.1	90.0	90.8	91.3	2000	
		62.0	64.9	67.7	70.3	72.7	75.1	77.7	81.3	85.0	88.1	90.2	91.1	91.7	05	
		61.9	64.9	67.6	70.3	72.7	74.9	77.6	81.3	85.0	88.1	90.3	91.3	91.9	10	
		62.0	64.9	67.7	70.2	72.6	74.9	77.6	81.2	84.9	88.1	90.3	91.3	91.9	11	
		61.9	64.8	67.6	70.3	72.6	74.9	77.5	81.3	84.9	88.2	90.3	91.3	91.9	12	

(資料) 文部科学省「学校保健統計調査」