

表17 教育職員のメンタルヘルスの保持等にかかる取組状況について(市区町村集計)(その1)

都道府県名	市区町村数	1. 学校における教育職員の事務の見直しについて										
		(1) 学校への調査・照会の統合・一括化について				(2) (1)において、「ア」と回答した場合の具体的な取組内容(複数回答可)						
		ア 既に、調査・照会を見直しや改善を図った	イ 今後実施する予定である	ウ 実施を検討中である	エ 実施予定はない	ア 「調査事項の精選(調査の内容を見直す)」を行った	イ 「調査方法の改善(調査の手法を見直す)」を行った	ウ 「調査体制の改善(調査の重複を見直す)」を行った	エ 「調査計画の策定(調査の見直しを示す)」を行った	オ 「文書処理の方針(行政組織が連携する)」を行った	カ 「事務処理の体制(学校内で連携する)」を行うよう学校を指導した	キ その他
1 北海道	178	74 (41.6%)	13 (7.3%)	79 (44.4%)	12 (6.7%)	45 (60.8%)	36 (48.6%)	25 (33.8%)	4 (5.4%)	19 (25.7%)	28 (37.8%)	1 (1.4%)
2 青森県	40	5 (12.5%)	5 (12.5%)	26 (65.0%)	4 (10.0%)	3 (60.0%)	2 (40.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	3 (60.0%)	0 (0.0%)
3 岩手県	34	19 (55.9%)	2 (5.9%)	11 (32.4%)	2 (5.9%)	12 (63.2%)	13 (68.4%)	5 (26.3%)	0 (0.0%)	3 (15.8%)	8 (42.1%)	0 (0.0%)
4 宮城県	34	11 (32.4%)	9 (26.5%)	13 (38.2%)	1 (2.9%)	3 (27.3%)	2 (18.2%)	4 (36.4%)	2 (18.2%)	2 (18.2%)	6 (54.5%)	0 (0.0%)
5 秋田県	25	14 (56.0%)	3 (12.0%)	8 (32.0%)	0 (0.0%)	9 (64.3%)	7 (50.0%)	5 (35.7%)	0 (0.0%)	3 (21.4%)	6 (42.9%)	1 (7.1%)
6 山形県	35	21 (60.0%)	4 (11.4%)	10 (28.6%)	0 (0.0%)	13 (61.9%)	8 (38.1%)	7 (33.3%)	2 (9.5%)	4 (19.0%)	8 (38.1%)	0 (0.0%)
7 福島県	59	24 (40.7%)	6 (10.2%)	29 (49.2%)	0 (0.0%)	12 (50.0%)	11 (45.8%)	11 (45.8%)	3 (12.5%)	12 (50.0%)	11 (45.8%)	1 (4.2%)
8 茨城県	44	27 (61.4%)	4 (9.1%)	13 (29.5%)	0 (0.0%)	13 (48.1%)	16 (59.3%)	12 (44.4%)	5 (18.5%)	8 (29.6%)	13 (48.1%)	0 (0.0%)
9 栃木県	27	15 (55.6%)	5 (18.5%)	7 (25.9%)	0 (0.0%)	3 (20.0%)	8 (53.3%)	5 (33.3%)	1 (6.7%)	6 (40.0%)	5 (33.3%)	1 (6.7%)
10 群馬県	35	18 (51.4%)	2 (5.7%)	13 (37.1%)	2 (5.7%)	14 (77.8%)	7 (38.9%)	8 (44.4%)	0 (0.0%)	5 (27.8%)	11 (61.1%)	0 (0.0%)
11 埼玉県	63	44 (69.8%)	7 (11.1%)	12 (19.0%)	0 (0.0%)	25 (56.8%)	29 (65.9%)	13 (29.5%)	13 (29.5%)	11 (25.0%)	15 (34.1%)	0 (0.0%)
12 千葉県	53	28 (52.8%)	5 (9.4%)	19 (35.8%)	1 (1.9%)	14 (50.0%)	14 (50.0%)	11 (39.3%)	1 (3.6%)	2 (7.1%)	6 (21.4%)	0 (0.0%)
13 東京都	62	15 (24.2%)	12 (19.4%)	27 (43.5%)	8 (12.9%)	8 (53.3%)	10 (66.7%)	8 (53.3%)	2 (13.3%)	4 (26.7%)	6 (40.0%)	0 (0.0%)
14 神奈川県	30	11 (36.7%)	4 (13.3%)	15 (50.0%)	0 (0.0%)	7 (63.6%)	5 (45.5%)	4 (36.4%)	1 (9.1%)	2 (18.2%)	2 (18.2%)	1 (9.1%)
15 新潟県	29	15 (51.7%)	5 (17.2%)	9 (31.0%)	0 (0.0%)	10 (66.7%)	7 (46.7%)	9 (60.0%)	0 (0.0%)	2 (13.3%)	7 (46.7%)	0 (0.0%)
16 富山県	15	8 (53.3%)	2 (13.3%)	5 (33.3%)	0 (0.0%)	6 (75.0%)	4 (50.0%)	3 (37.5%)	0 (0.0%)	0 (0.0%)	2 (25.0%)	1 (12.5%)
17 石川県	19	10 (52.6%)	5 (26.3%)	4 (21.1%)	0 (0.0%)	5 (50.0%)	3 (30.0%)	5 (50.0%)	0 (0.0%)	3 (30.0%)	4 (40.0%)	0 (0.0%)
18 福井県	17	5 (29.4%)	5 (29.4%)	7 (41.2%)	0 (0.0%)	2 (40.0%)	4 (80.0%)	1 (20.0%)	0 (0.0%)	1 (20.0%)	2 (40.0%)	0 (0.0%)
19 山梨県	27	3 (11.1%)	5 (18.5%)	18 (66.7%)	1 (3.7%)	1 (33.3%)	0 (0.0%)	1 (33.3%)	0 (0.0%)	0 (0.0%)	1 (33.3%)	0 (0.0%)
20 長野県	77	33 (42.9%)	5 (6.5%)	30 (39.0%)	9 (11.7%)	18 (54.5%)	13 (39.4%)	7 (21.2%)	2 (6.1%)	9 (27.3%)	14 (42.4%)	1 (3.0%)
21 岐阜県	42	26 (61.9%)	7 (16.7%)	9 (21.4%)	0 (0.0%)	18 (69.2%)	11 (42.3%)	11 (42.3%)	2 (7.7%)	10 (38.5%)	15 (57.7%)	0 (0.0%)
22 静岡県	33	14 (42.4%)	6 (18.2%)	11 (33.3%)	2 (6.1%)	11 (78.6%)	6 (42.9%)	7 (50.0%)	1 (7.1%)	4 (28.6%)	4 (28.6%)	0 (0.0%)
23 愛知県	56	33 (58.9%)	3 (5.4%)	19 (33.9%)	1 (1.8%)	20 (60.6%)	20 (60.6%)	15 (45.5%)	4 (12.1%)	10 (30.3%)	21 (63.6%)	0 (0.0%)
24 三重県	29	15 (51.7%)	4 (13.8%)	9 (31.0%)	1 (3.4%)	9 (60.0%)	5 (33.3%)	6 (40.0%)	1 (6.7%)	4 (26.7%)	5 (33.3%)	0 (0.0%)
25 滋賀県	19	8 (42.1%)	3 (15.8%)	8 (42.1%)	0 (0.0%)	5 (62.5%)	4 (50.0%)	2 (25.0%)	0 (0.0%)	1 (12.5%)	6 (75.0%)	0 (0.0%)
26 京都府	22	8 (36.4%)	8 (36.4%)	6 (27.3%)	0 (0.0%)	6 (75.0%)	5 (62.5%)	3 (37.5%)	1 (12.5%)	2 (25.0%)	2 (25.0%)	0 (0.0%)
27 大阪府	41	14 (34.1%)	3 (7.3%)	24 (58.5%)	0 (0.0%)	11 (78.6%)	9 (64.3%)	6 (42.9%)	2 (14.3%)	4 (28.6%)	7 (50.0%)	0 (0.0%)
28 兵庫県	40	28 (70.0%)	4 (10.0%)	8 (20.0%)	0 (0.0%)	18 (64.3%)	14 (50.0%)	12 (42.9%)	0 (0.0%)	5 (17.9%)	13 (46.4%)	1 (3.6%)
29 奈良県	39	10 (25.6%)	2 (5.1%)	23 (59.0%)	4 (10.3%)	3 (30.0%)	3 (30.0%)	3 (30.0%)	0 (0.0%)	1 (10.0%)	7 (70.0%)	0 (0.0%)
30 和歌山県	30	17 (56.7%)	0 (0.0%)	12 (40.0%)	1 (3.3%)	12 (70.6%)	9 (52.9%)	7 (41.2%)	0 (0.0%)	2 (11.8%)	7 (41.2%)	0 (0.0%)
31 鳥取県	19	11 (57.9%)	3 (15.8%)	4 (21.1%)	1 (5.3%)	4 (36.4%)	3 (27.3%)	1 (9.1%)	1 (9.1%)	6 (54.5%)	10 (90.9%)	0 (0.0%)
32 島根県	21	7 (33.3%)	2 (9.5%)	10 (47.6%)	2 (9.5%)	3 (42.9%)	3 (42.9%)	1 (14.3%)	0 (0.0%)	3 (42.9%)	4 (57.1%)	1 (14.3%)
33 岡山県	26	18 (69.2%)	0 (0.0%)	8 (30.8%)	0 (0.0%)	10 (55.6%)	12 (66.7%)	6 (33.3%)	1 (5.6%)	3 (16.7%)	8 (44.4%)	1 (5.6%)
34 広島県	22	12 (54.5%)	2 (9.1%)	8 (36.4%)	0 (0.0%)	9 (75.0%)	6 (50.0%)	5 (41.7%)	1 (8.3%)	4 (33.3%)	6 (50.0%)	1 (8.3%)
35 山口県	19	15 (78.9%)	1 (5.3%)	3 (15.8%)	0 (0.0%)	12 (80.0%)	9 (60.0%)	6 (40.0%)	1 (6.7%)	3 (20.0%)	7 (46.7%)	0 (0.0%)
36 徳島県	24	3 (12.5%)	3 (12.5%)	17 (70.8%)	1 (4.2%)	1 (33.3%)	0 (0.0%)	2 (66.7%)	0 (0.0%)	1 (33.3%)	2 (66.7%)	0 (0.0%)
37 香川県	17	2 (11.8%)	2 (11.8%)	13 (76.5%)	0 (0.0%)	1 (50.0%)	1 (50.0%)	1 (50.0%)	1 (50.0%)	1 (50.0%)	2 (100.0%)	0 (0.0%)
38 愛媛県	20	10 (50.0%)	1 (5.0%)	8 (40.0%)	1 (5.0%)	7 (70.0%)	6 (60.0%)	5 (50.0%)	0 (0.0%)	3 (30.0%)	6 (60.0%)	0 (0.0%)
39 高知県	34	4 (11.8%)	5 (14.7%)	20 (58.8%)	5 (14.7%)	1 (25.0%)	1 (25.0%)	1 (25.0%)	0 (0.0%)	2 (50.0%)	3 (75.0%)	0 (0.0%)
40 福岡県	58	21 (36.2%)	7 (12.1%)	29 (50.0%)	1 (1.7%)	6 (28.6%)	8 (38.1%)	7 (33.3%)	2 (9.5%)	6 (28.6%)	13 (61.9%)	0 (0.0%)
41 佐賀県	20	15 (75.0%)	3 (15.0%)	2 (10.0%)	0 (0.0%)	9 (60.0%)	7 (46.7%)	6 (40.0%)	0 (0.0%)	6 (40.0%)	7 (46.7%)	1 (6.7%)
42 長崎県	21	14 (66.7%)	1 (4.8%)	5 (23.8%)	1 (4.8%)	9 (64.3%)	8 (57.1%)	5 (35.7%)	4 (28.6%)	7 (50.0%)	9 (64.3%)	0 (0.0%)
43 熊本県	45	12 (26.7%)	11 (24.4%)	20 (44.4%)	2 (4.4%)	7 (58.3%)	6 (50.0%)	1 (8.3%)	0 (0.0%)	1 (8.3%)	7 (58.3%)	1 (8.3%)
44 大分県	18	8 (44.4%)	3 (16.7%)	5 (27.8%)	2 (11.1%)	4 (50.0%)	3 (37.5%)	3 (37.5%)	0 (0.0%)	6 (75.0%)	5 (62.5%)	0 (0.0%)
45 宮崎県	26	8 (30.8%)	5 (19.2%)	12 (46.2%)	1 (3.8%)	2 (25.0%)	3 (37.5%)	1 (12.5%)	0 (0.0%)	1 (12.5%)	7 (87.5%)	1 (12.5%)
46 鹿児島県	43	34 (79.1%)	4 (9.3%)	5 (11.6%)	0 (0.0%)	21 (61.8%)	23 (67.6%)	18 (52.9%)	10 (29.4%)	12 (35.3%)	26 (76.5%)	0 (0.0%)
47 沖縄県	41	10 (24.4%)	3 (7.3%)	25 (61.0%)	3 (7.3%)	3 (30.0%)	2 (20.0%)	4 (40.0%)	0 (0.0%)	1 (10.0%)	3 (30.0%)	0 (0.0%)
合計	1,728	777 (45.0%)	204 (11.8%)	678 (39.2%)	69 (4.0%)	445 (57.3%)	386 (49.7%)	290 (37.3%)	68 (8.8%)	206 (26.5%)	370 (47.6%)	14 (1.8%)

(注) ( )は、市区町村数に対する回答市区町村数の割合を示す。





表17 教育職員のメンタルヘルスの保持等にかかる取組状況について(市区町村集計)(その4)

都道府県名	市区町村数	4. 教育職員のメンタルヘルスに関する相談窓口体制及び研修の実施等について(複数回答可)						
		ア 相談窓口を設置し、面接相談を実施している	イ 電話相談(電子メールを含む)の窓口を設置している	ウ 精神科医や病院等を指定し、相談できる体制を整備している	エ 管理職を対象にしたメンタルヘルスに関する研修を実施している	オ メンタルヘルスに関する冊子やパンフレットを作成し、配布している	カ 学校訪問を行い、教育職員の状況を把握するよう努めた	キ 定期健康診断時に、メンタルヘルス不調者を把握するための調査を実施している
1 北海道	178	30 ( 16.9%)	21 ( 11.8%)	20 ( 11.2%)	8 ( 4.5%)	19 ( 10.7%)	116 ( 65.2%)	7 ( 3.9%)
2 青森県	40	4 ( 10.0%)	1 ( 2.5%)	3 ( 7.5%)	0 ( 0.0%)	1 ( 2.5%)	30 ( 75.0%)	3 ( 7.5%)
3 岩手県	34	3 ( 8.8%)	3 ( 8.8%)	2 ( 5.9%)	7 ( 20.6%)	0 ( 0.0%)	26 ( 76.5%)	0 ( 0.0%)
4 宮城県	34	8 ( 23.5%)	2 ( 5.9%)	9 ( 26.5%)	5 ( 14.7%)	1 ( 2.9%)	18 ( 52.9%)	1 ( 2.9%)
5 秋田県	25	2 ( 8.0%)	3 ( 12.0%)	2 ( 8.0%)	1 ( 4.0%)	1 ( 4.0%)	20 ( 80.0%)	0 ( 0.0%)
6 山形県	35	6 ( 17.1%)	5 ( 14.3%)	5 ( 14.3%)	4 ( 11.4%)	1 ( 2.9%)	26 ( 74.3%)	0 ( 0.0%)
7 福島県	59	6 ( 10.2%)	1 ( 1.7%)	8 ( 13.6%)	8 ( 13.6%)	0 ( 0.0%)	52 ( 88.1%)	3 ( 5.1%)
8 茨城県	44	9 ( 20.5%)	10 ( 22.7%)	1 ( 2.3%)	11 ( 25.0%)	4 ( 9.1%)	38 ( 86.4%)	1 ( 2.3%)
9 栃木県	27	10 ( 37.0%)	4 ( 14.8%)	5 ( 18.5%)	5 ( 18.5%)	1 ( 3.7%)	21 ( 77.8%)	2 ( 7.4%)
10 群馬県	35	8 ( 22.9%)	1 ( 2.9%)	6 ( 17.1%)	4 ( 11.4%)	2 ( 5.7%)	24 ( 68.6%)	2 ( 5.7%)
11 埼玉県	63	15 ( 23.8%)	6 ( 9.5%)	13 ( 20.6%)	13 ( 20.6%)	5 ( 7.9%)	52 ( 82.5%)	3 ( 4.8%)
12 千葉県	53	15 ( 28.3%)	8 ( 15.1%)	2 ( 3.8%)	4 ( 7.5%)	1 ( 1.9%)	36 ( 67.9%)	0 ( 0.0%)
13 東京都	62	13 ( 21.0%)	10 ( 16.1%)	6 ( 9.7%)	22 ( 35.5%)	10 ( 16.1%)	43 ( 69.4%)	2 ( 3.2%)
14 神奈川県	30	13 ( 43.3%)	8 ( 26.7%)	8 ( 26.7%)	10 ( 33.3%)	4 ( 13.3%)	23 ( 76.7%)	3 ( 10.0%)
15 新潟県	29	5 ( 17.2%)	2 ( 6.9%)	3 ( 10.3%)	4 ( 13.8%)	1 ( 3.4%)	25 ( 86.2%)	1 ( 3.4%)
16 富山県	15	2 ( 13.3%)	0 ( 0.0%)	1 ( 6.7%)	0 ( 0.0%)	0 ( 0.0%)	11 ( 73.3%)	1 ( 6.7%)
17 石川県	19	1 ( 5.3%)	1 ( 5.3%)	2 ( 10.5%)	3 ( 15.8%)	1 ( 5.3%)	18 ( 94.7%)	2 ( 10.5%)
18 福井県	17	2 ( 11.8%)	0 ( 0.0%)	0 ( 0.0%)	3 ( 17.6%)	2 ( 11.8%)	16 ( 94.1%)	1 ( 5.9%)
19 山梨県	27	1 ( 3.7%)	3 ( 11.1%)	5 ( 18.5%)	2 ( 7.4%)	4 ( 14.8%)	18 ( 66.7%)	1 ( 3.7%)
20 長野県	77	11 ( 14.3%)	3 ( 3.9%)	11 ( 14.3%)	2 ( 2.6%)	1 ( 1.3%)	54 ( 70.1%)	5 ( 6.5%)
21 岐阜県	42	7 ( 16.7%)	5 ( 11.9%)	6 ( 14.3%)	10 ( 23.8%)	2 ( 4.8%)	40 ( 95.2%)	1 ( 2.4%)
22 静岡県	33	2 ( 6.1%)	0 ( 0.0%)	14 ( 42.4%)	2 ( 6.1%)	0 ( 0.0%)	29 ( 87.9%)	1 ( 3.0%)
23 愛知県	56	16 ( 28.6%)	7 ( 12.5%)	14 ( 25.0%)	8 ( 14.3%)	3 ( 5.4%)	44 ( 78.6%)	1 ( 1.8%)
24 三重県	29	9 ( 31.0%)	1 ( 3.4%)	7 ( 24.1%)	1 ( 3.4%)	1 ( 3.4%)	23 ( 79.3%)	2 ( 6.9%)
25 滋賀県	19	4 ( 21.1%)	1 ( 5.3%)	5 ( 26.3%)	5 ( 26.3%)	1 ( 5.3%)	17 ( 89.5%)	0 ( 0.0%)
26 京都府	22	3 ( 13.6%)	0 ( 0.0%)	3 ( 13.6%)	4 ( 18.2%)	2 ( 9.1%)	16 ( 72.7%)	1 ( 4.5%)
27 大阪府	41	20 ( 48.8%)	8 ( 19.5%)	10 ( 24.4%)	7 ( 17.1%)	2 ( 4.9%)	29 ( 70.7%)	1 ( 2.4%)
28 兵庫県	40	14 ( 35.0%)	15 ( 37.5%)	9 ( 22.5%)	12 ( 30.0%)	1 ( 2.5%)	28 ( 70.0%)	4 ( 10.0%)
29 奈良県	39	6 ( 15.4%)	2 ( 5.1%)	4 ( 10.3%)	8 ( 20.5%)	1 ( 2.6%)	27 ( 69.2%)	4 ( 10.3%)
30 和歌山県	30	2 ( 6.7%)	0 ( 0.0%)	2 ( 6.7%)	3 ( 10.0%)	1 ( 3.3%)	29 ( 96.7%)	1 ( 3.3%)
31 鳥取県	19	0 ( 0.0%)	0 ( 0.0%)	2 ( 10.5%)	1 ( 5.3%)	2 ( 10.5%)	16 ( 84.2%)	2 ( 10.5%)
32 島根県	21	3 ( 14.3%)	1 ( 4.8%)	3 ( 14.3%)	3 ( 14.3%)	3 ( 14.3%)	13 ( 61.9%)	1 ( 4.8%)
33 岡山県	26	6 ( 23.1%)	1 ( 3.8%)	4 ( 15.4%)	3 ( 11.5%)	1 ( 3.8%)	19 ( 73.1%)	0 ( 0.0%)
34 広島県	22	10 ( 45.5%)	3 ( 13.6%)	12 ( 54.5%)	6 ( 27.3%)	2 ( 9.1%)	16 ( 72.7%)	1 ( 4.5%)
35 山口県	19	6 ( 31.6%)	4 ( 21.1%)	9 ( 47.4%)	16 ( 84.2%)	0 ( 0.0%)	17 ( 89.5%)	0 ( 0.0%)
36 徳島県	24	8 ( 33.3%)	4 ( 16.7%)	2 ( 8.3%)	5 ( 20.8%)	2 ( 8.3%)	19 ( 79.2%)	0 ( 0.0%)
37 香川県	17	2 ( 11.8%)	1 ( 5.9%)	1 ( 5.9%)	3 ( 17.6%)	0 ( 0.0%)	11 ( 64.7%)	2 ( 11.8%)
38 愛媛県	20	1 ( 5.0%)	1 ( 5.0%)	0 ( 0.0%)	4 ( 20.0%)	0 ( 0.0%)	0 ( 0.0%)	0 ( 0.0%)
39 高知県	34	1 ( 2.9%)	1 ( 2.9%)	1 ( 2.9%)	1 ( 2.9%)	2 ( 5.9%)	27 ( 79.4%)	0 ( 0.0%)
40 福岡県	58	15 ( 25.9%)	2 ( 3.4%)	21 ( 36.2%)	5 ( 8.6%)	2 ( 3.4%)	33 ( 56.9%)	5 ( 8.6%)
41 佐賀県	20	7 ( 35.0%)	3 ( 15.0%)	10 ( 50.0%)	2 ( 10.0%)	0 ( 0.0%)	18 ( 90.0%)	0 ( 0.0%)
42 長崎県	21	7 ( 33.3%)	2 ( 9.5%)	11 ( 52.4%)	9 ( 42.9%)	3 ( 14.3%)	21 ( 100.0%)	2 ( 9.5%)
43 熊本県	45	9 ( 20.0%)	1 ( 2.2%)	11 ( 24.4%)	3 ( 6.7%)	0 ( 0.0%)	35 ( 77.8%)	2 ( 4.4%)
44 大分県	18	10 ( 55.6%)	6 ( 33.3%)	10 ( 55.6%)	5 ( 27.8%)	3 ( 16.7%)	8 ( 44.4%)	0 ( 0.0%)
45 宮崎県	26	8 ( 30.8%)	3 ( 11.5%)	1 ( 3.8%)	7 ( 26.9%)	1 ( 3.8%)	19 ( 73.1%)	4 ( 15.4%)
46 鹿児島県	43	21 ( 48.8%)	19 ( 44.2%)	11 ( 25.6%)	19 ( 44.2%)	1 ( 2.3%)	37 ( 86.0%)	0 ( 0.0%)
47 沖縄県	41	6 ( 14.6%)	1 ( 2.4%)	4 ( 9.8%)	5 ( 12.2%)	2 ( 4.9%)	31 ( 75.6%)	2 ( 4.9%)
合計	1,728	367 ( 21.2%)	184 ( 10.6%)	299 ( 17.3%)	273 ( 15.8%)	97 ( 5.6%)	1,289 ( 74.6%)	75 ( 4.3%)

(注) ( )は、市区町村数に対する回答市区町村数の割合を示す(政令指定都市を除く。)