

表14 市区町村における教育職員のメンタルヘルスの保持にかかる取組状況について

(平成20年10月現在)

都道府県名	市区町村数	1. 学校における教育職員の事務の見直しについて						2. 職員が気軽に相談することができる職場環境づくりを指導した。
		(1) 学校への調査・照会の統合・一括化について、見直しや改善を図った。	(2) 調査研究事業の重点化や精選等、見直しや改善を図った。	(3) 会議や行事の見直し等による校務の効率化(複数回答可)				
				見直しを図るよう指導した。	適正な校務分掌の整備を指導した。	今後指導を実施する予定である。	指導を検討中である。	
北海道	179	55 (30.7%)	25 (14.0%)	76 (42.5%)	49 (27.4%)	24 (13.4%)	61 (34.1%)	86 (48.0%)
青森県	40	5 (12.5%)	5 (12.5%)	11 (27.5%)	11 (27.5%)	4 (10.0%)	18 (45.0%)	19 (47.5%)
岩手県	35	8 (22.9%)	7 (20.0%)	21 (60.0%)	4 (11.4%)	2 (5.7%)	10 (28.6%)	23 (65.7%)
宮城県	35	16 (45.7%)	7 (20.0%)	33 (94.3%)	7 (20.0%)	1 (2.9%)	0 (0.0%)	35 (100.0%)
秋田県	25	8 (32.0%)	6 (24.0%)	10 (40.0%)	13 (52.0%)	1 (4.0%)	6 (24.0%)	18 (72.0%)
山形県	35	21 (60.0%)	6 (17.1%)	26 (74.3%)	20 (57.1%)	2 (5.7%)	1 (2.9%)	33 (94.3%)
福島県	59	10 (17.0%)	10 (17.0%)	34 (57.6%)	23 (39.0%)	6 (10.2%)	12 (20.3%)	36 (61.0%)
茨城県	44	9 (20.5%)	8 (18.2%)	24 (54.6%)	18 (40.9%)	6 (13.6%)	6 (13.6%)	35 (79.6%)
栃木県	31	8 (25.8%)	7 (22.6%)	19 (61.3%)	14 (45.2%)	3 (9.7%)	6 (19.4%)	23 (74.2%)
群馬県	39	9 (23.1%)	5 (12.8%)	22 (56.4%)	11 (28.2%)	6 (15.4%)	9 (23.1%)	23 (59.0%)
埼玉県	69	22 (31.9%)	17 (24.6%)	55 (79.7%)	44 (63.8%)	3 (4.4%)	4 (5.8%)	60 (87.0%)
千葉県	56	25 (44.6%)	12 (21.4%)	42 (75.0%)	32 (57.1%)	6 (10.7%)	4 (7.1%)	54 (96.4%)
東京都	62	9 (14.5%)	8 (12.9%)	24 (38.7%)	16 (25.8%)	9 (14.5%)	20 (32.3%)	31 (50.0%)
神奈川県	31	6 (19.4%)	3 (9.7%)	13 (41.9%)	13 (41.9%)	2 (6.5%)	13 (41.9%)	18 (58.1%)
新潟県	30	9 (30.0%)	1 (3.3%)	17 (56.7%)	16 (53.3%)	4 (13.3%)	5 (16.7%)	18 (60.0%)
富山県	15	4 (26.7%)	2 (13.3%)	5 (33.3%)	3 (20.0%)	3 (20.0%)	4 (26.7%)	5 (33.3%)
石川県	19	6 (31.6%)	6 (31.6%)	9 (47.4%)	7 (36.8%)	1 (5.3%)	4 (21.1%)	11 (57.9%)
福井県	17	2 (11.8%)	3 (17.7%)	7 (41.2%)	7 (41.2%)	4 (23.5%)	6 (35.3%)	10 (58.8%)
山梨県	30	4 (13.3%)	2 (6.7%)	7 (23.3%)	8 (26.7%)	6 (20.0%)	11 (36.7%)	14 (46.7%)
長野県	82	15 (18.3%)	5 (6.1%)	23 (28.1%)	25 (30.5%)	10 (12.2%)	29 (35.4%)	38 (46.3%)
岐阜県	42	28 (66.7%)	24 (57.1%)	37 (88.1%)	17 (40.5%)	1 (2.4%)	2 (4.8%)	38 (90.5%)
静岡県	39	2 (5.1%)	6 (15.4%)	8 (20.5%)	8 (20.5%)	12 (30.8%)	11 (28.2%)	18 (46.2%)
愛知県	60	26 (43.3%)	16 (26.7%)	42 (70.0%)	27 (45.0%)	9 (15.0%)	5 (8.3%)	47 (78.3%)
三重県	29	11 (37.9%)	5 (17.2%)	19 (65.5%)	14 (48.3%)	5 (17.2%)	3 (10.3%)	23 (79.3%)
滋賀県	26	15 (57.7%)	12 (46.2%)	22 (84.6%)	13 (50.0%)	1 (3.9%)	1 (3.9%)	22 (84.6%)
京都府	25	2 (8.0%)	2 (8.0%)	12 (48.0%)	6 (24.0%)	4 (16.0%)	7 (28.0%)	13 (52.0%)
大阪府	41	10 (24.4%)	10 (24.4%)	22 (53.7%)	10 (24.4%)	5 (12.2%)	12 (29.3%)	24 (58.5%)
兵庫県	40	14 (35.0%)	15 (37.5%)	27 (67.5%)	20 (50.0%)	3 (7.5%)	4 (10.0%)	33 (82.5%)
奈良県	39	6 (15.4%)	7 (18.0%)	19 (48.7%)	17 (43.6%)	4 (10.3%)	11 (28.2%)	21 (53.9%)
和歌山県	31	8 (25.8%)	5 (16.1%)	19 (61.3%)	15 (48.4%)	5 (16.1%)	3 (9.7%)	22 (71.0%)
鳥取県	20	9 (45.0%)	10 (50.0%)	11 (55.0%)	11 (55.0%)	3 (15.0%)	1 (5.0%)	14 (70.0%)
島根県	21	5 (23.8%)	7 (33.3%)	9 (42.9%)	6 (28.6%)	2 (9.5%)	6 (28.6%)	13 (61.9%)
岡山県	27	9 (33.3%)	8 (29.6%)	19 (70.4%)	12 (44.4%)	3 (11.1%)	4 (14.8%)	17 (63.0%)
広島県	22	10 (45.5%)	6 (27.3%)	18 (81.8%)	16 (72.7%)	1 (4.6%)	2 (9.1%)	18 (81.8%)
山口県	20	16 (80.0%)	12 (60.0%)	18 (90.0%)	13 (65.0%)	0 (0.0%)	2 (10.0%)	17 (85.0%)
徳島県	24	5 (20.8%)	2 (8.3%)	11 (45.8%)	11 (45.8%)	3 (12.5%)	6 (25.0%)	19 (79.2%)
香川県	18	3 (16.7%)	3 (16.7%)	10 (55.6%)	8 (44.4%)	3 (16.7%)	2 (11.1%)	11 (61.1%)
愛媛県	20	6 (30.0%)	3 (15.0%)	12 (60.0%)	8 (40.0%)	5 (25.0%)	2 (10.0%)	15 (75.0%)
高知県	36	9 (25.0%)	6 (16.7%)	6 (16.7%)	12 (33.3%)	9 (25.0%)	11 (30.6%)	25 (69.4%)
福岡県	65	14 (21.5%)	7 (10.8%)	24 (36.9%)	27 (41.5%)	8 (12.3%)	22 (33.9%)	37 (56.9%)
佐賀県	20	9 (45.0%)	4 (20.0%)	16 (80.0%)	10 (50.0%)	3 (15.0%)	1 (5.0%)	18 (90.0%)
長崎県	23	8 (34.8%)	3 (13.0%)	16 (69.6%)	11 (47.8%)	0 (0.0%)	5 (21.7%)	20 (87.0%)
熊本県	47	9 (19.2%)	11 (23.4%)	28 (59.6%)	20 (42.6%)	6 (12.8%)	7 (14.9%)	36 (76.6%)
大分県	18	4 (22.2%)	4 (22.2%)	12 (66.7%)	8 (44.4%)	3 (16.7%)	1 (5.6%)	13 (72.2%)
宮崎県	30	8 (26.7%)	7 (23.3%)	16 (53.3%)	4 (13.3%)	5 (16.7%)	5 (16.7%)	18 (60.0%)
鹿児島県	46	28 (60.9%)	16 (34.8%)	43 (93.5%)	29 (63.0%)	0 (0.0%)	0 (0.0%)	44 (95.7%)
沖縄県	41	5 (12.2%)	4 (9.8%)	8 (19.5%)	6 (14.6%)	14 (34.1%)	17 (41.5%)	15 (36.6%)
合計	1,803	530 (29.4%)	360 (20.0%)	982 (54.5%)	700 (38.8%)	220 (12.2%)	382 (21.2%)	1,201 (66.6%)

(注) ( )は、市区町村教育委員会数に対する回答の割合を示す。

(平成20年10月現在)

都道府県名	市区町村数	3. 心の不健康状態に陥った教育職員の早期発見・早期治療について指導した。	4. 教育職員のメンタルヘルスに関する相談窓口体制及び研修の実施等について(複数回答可)					
			相談窓口を設置し、面接相談を実施している。	電話相談の窓口を設置している。	精神科医や病院等を指定し、相談体制を整備している。	管理職を対象とした研修を実施した。	冊子やパンフレットを作成し配布した。	学校訪問を行い、職員の状況を把握している。
北海道	179	91 (50.8%)	46 (25.7%)	40 (22.4%)	29 (16.2%)	19 (10.6%)	52 (29.1%)	108 (60.3%)
青森県	40	21 (52.5%)	4 (10.0%)	1 (2.5%)	2 (5.0%)	4 (10.0%)	2 (5.0%)	29 (72.5%)
岩手県	35	25 (71.4%)	35 (100.0%)	35 (100.0%)	35 (100.0%)	35 (100.0%)	35 (100.0%)	23 (65.7%)
宮城県	35	35 (100.0%)	8 (22.9%)	4 (11.4%)	8 (22.9%)	35 (100.0%)	1 (2.9%)	12 (34.3%)
秋田県	25	18 (72.0%)	3 (12.0%)	5 (20.0%)	1 (4.0%)	0 (0.0%)	1 (4.0%)	22 (88.0%)
山形県	35	32 (91.4%)	4 (11.4%)	5 (14.3%)	5 (14.3%)	4 (11.4%)	0 (0.0%)	29 (82.9%)
福島県	59	37 (62.7%)	8 (13.6%)	4 (6.8%)	7 (11.9%)	7 (11.9%)	5 (8.5%)	47 (79.7%)
茨城県	44	37 (84.1%)	5 (11.4%)	2 (4.6%)	1 (2.3%)	5 (11.4%)	0 (0.0%)	39 (88.6%)
栃木県	31	27 (87.1%)	7 (22.6%)	5 (16.1%)	5 (16.1%)	4 (12.9%)	1 (3.2%)	26 (83.9%)
群馬県	39	24 (61.5%)	8 (20.5%)	3 (7.7%)	6 (15.4%)	2 (5.1%)	5 (12.8%)	28 (71.8%)
埼玉県	69	65 (94.2%)	18 (26.1%)	11 (15.9%)	20 (29.0%)	26 (37.7%)	10 (14.5%)	49 (71.0%)
千葉県	56	53 (94.6%)	18 (32.1%)	12 (21.4%)	7 (12.5%)	10 (17.9%)	16 (28.6%)	29 (51.8%)
東京都	62	38 (61.3%)	19 (30.7%)	18 (29.0%)	22 (35.5%)	26 (41.9%)	20 (32.3%)	35 (56.5%)
神奈川県	31	17 (54.8%)	10 (32.3%)	8 (25.8%)	7 (22.6%)	13 (41.9%)	6 (19.4%)	20 (64.5%)
新潟県	30	22 (73.3%)	5 (16.7%)	2 (6.7%)	1 (3.3%)	3 (10.0%)	0 (0.0%)	25 (83.3%)
富山県	15	7 (46.7%)	0 (0.0%)	1 (6.7%)	0 (0.0%)	2 (13.3%)	0 (0.0%)	13 (86.7%)
石川県	19	13 (68.4%)	4 (21.1%)	1 (5.3%)	2 (10.5%)	5 (26.3%)	2 (10.5%)	17 (89.5%)
福井県	17	13 (76.5%)	4 (23.5%)	0 (0.0%)	1 (5.9%)	3 (17.7%)	4 (23.5%)	10 (58.8%)
山梨県	30	17 (56.7%)	7 (23.3%)	2 (6.7%)	3 (10.0%)	3 (10.0%)	1 (3.3%)	27 (90.0%)
長野県	82	38 (46.3%)	13 (15.9%)	3 (3.7%)	9 (11.0%)	10 (12.2%)	8 (9.8%)	50 (61.0%)
岐阜県	42	36 (85.7%)	3 (7.1%)	1 (2.4%)	2 (4.8%)	1 (2.4%)	2 (4.8%)	39 (92.9%)
静岡県	39	16 (41.0%)	12 (30.8%)	12 (30.8%)	0 (0.0%)	6 (15.4%)	0 (0.0%)	18 (46.2%)
愛知県	60	50 (83.3%)	14 (23.3%)	7 (11.7%)	8 (13.3%)	15 (25.0%)	7 (11.7%)	45 (75.0%)
三重県	29	22 (75.9%)	11 (37.9%)	4 (13.8%)	11 (37.9%)	3 (10.3%)	3 (10.3%)	22 (75.9%)
滋賀県	26	25 (96.2%)	9 (34.6%)	3 (11.5%)	9 (34.6%)	8 (30.8%)	3 (11.5%)	15 (57.7%)
京都府	25	18 (72.0%)	4 (16.0%)	0 (0.0%)	4 (16.0%)	4 (16.0%)	6 (24.0%)	16 (64.0%)
大阪府	41	25 (61.0%)	17 (41.5%)	9 (22.0%)	6 (14.6%)	7 (17.1%)	3 (7.3%)	28 (68.3%)
兵庫県	40	32 (80.0%)	11 (27.5%)	7 (17.5%)	9 (22.5%)	10 (25.0%)	4 (10.0%)	31 (77.5%)
奈良県	39	21 (53.9%)	10 (25.6%)	5 (12.8%)	8 (20.5%)	39 (100.0%)	2 (5.1%)	24 (61.5%)
和歌山県	31	25 (80.7%)	6 (19.4%)	5 (16.1%)	5 (16.1%)	7 (22.6%)	1 (3.2%)	28 (90.3%)
鳥取県	20	16 (80.0%)	3 (15.0%)	2 (10.0%)	5 (25.0%)	5 (25.0%)	1 (5.0%)	19 (95.0%)
島根県	21	14 (66.7%)	2 (9.5%)	2 (9.5%)	0 (0.0%)	5 (23.8%)	4 (19.1%)	14 (66.7%)
岡山県	27	19 (70.4%)	7 (25.9%)	2 (7.4%)	4 (14.8%)	2 (7.4%)	0 (0.0%)	23 (85.2%)
広島県	22	21 (95.5%)	7 (31.8%)	2 (9.1%)	12 (54.6%)	4 (18.2%)	1 (4.6%)	12 (54.6%)
山口県	20	18 (90.0%)	4 (20.0%)	4 (20.0%)	2 (10.0%)	16 (80.0%)	2 (10.0%)	17 (85.0%)
徳島県	24	18 (75.0%)	7 (29.2%)	1 (4.2%)	1 (4.2%)	6 (25.0%)	2 (8.3%)	21 (87.5%)
香川県	18	12 (66.7%)	3 (16.7%)	1 (5.6%)	5 (27.8%)	1 (5.6%)	1 (5.6%)	18 (100.0%)
愛媛県	20	16 (80.0%)	6 (30.0%)	2 (10.0%)	1 (5.0%)	4 (20.0%)	1 (5.0%)	15 (75.0%)
高知県	36	24 (66.7%)	36 (100.0%)	36 (100.0%)	36 (100.0%)	0 (0.0%)	36 (100.0%)	32 (88.9%)
福岡県	65	42 (64.6%)	18 (27.7%)	10 (15.4%)	21 (32.3%)	7 (10.8%)	3 (4.6%)	38 (58.5%)
佐賀県	20	18 (90.0%)	9 (45.0%)	5 (25.0%)	4 (20.0%)	6 (30.0%)	0 (0.0%)	14 (70.0%)
長崎県	23	21 (91.3%)	3 (13.0%)	2 (8.7%)	6 (26.1%)	4 (17.4%)	0 (0.0%)	19 (82.6%)
熊本県	47	36 (76.6%)	9 (19.2%)	2 (4.3%)	2 (4.3%)	4 (8.5%)	3 (6.4%)	42 (89.4%)
大分県	18	13 (72.2%)	7 (38.9%)	5 (27.8%)	8 (44.4%)	7 (38.9%)	3 (16.7%)	8 (44.4%)
宮崎県	30	19 (63.3%)	8 (26.7%)	2 (6.7%)	4 (13.3%)	5 (16.7%)	3 (10.0%)	20 (66.7%)
鹿児島県	46	44 (95.7%)	16 (34.8%)	12 (26.1%)	13 (28.3%)	13 (28.3%)	3 (6.5%)	35 (76.1%)
沖縄県	41	16 (39.0%)	8 (19.5%)	4 (9.8%)	3 (7.3%)	6 (14.6%)	3 (7.3%)	28 (68.3%)
合計	1,803	1,267 (70.3%)	476 (26.4%)	309 (17.1%)	360 (20.0%)	411 (22.8%)	266 (14.8%)	1,279 (70.9%)